

Active Older Adults
Basketball
Dog Obedience Classes
Haunted Trail
Horseback Riding
Monthly Led Hikes
Mountain Biking
Pickleball
Volleyball



Fluvanna Parks & Recreation
FALL 2024 PROGRAM GUIDE

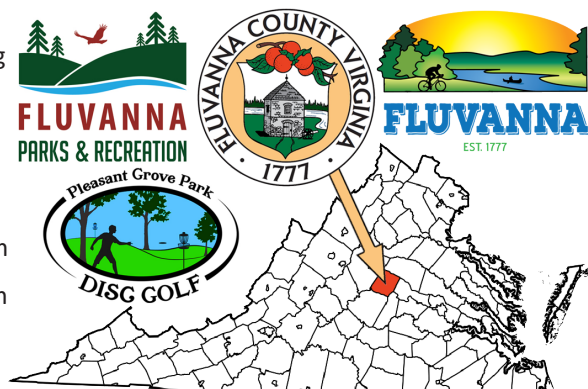
FLUVANNA COUNTY PARKS AND RECREATION STAFF

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MISSION STATEMENT: Our Parks and Recreation Department's mission is to promote opportunities for residents to pursue safe and enjoyable leisure activities in balance with the protection and conservation of Fluvanna's natural resources.

FLUVANNA COUNTY PARKS AND RECREATION ADVISORY BOARD

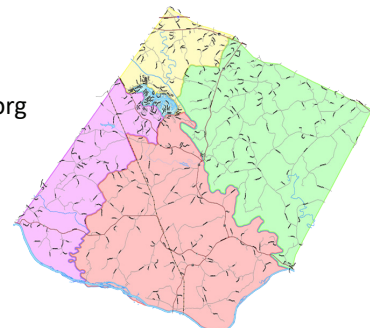
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Members shall advise the Director of Parks and Recreation and the Board of Supervisors on the planning and development of a comprehensive system of parks and recreation services for the benefit of the citizens of Fluvanna County. Members also serve as a liaison between the Parks and Recreation Director, the Board of Supervisors and the citizens of the county.

FLUVANNA COUNTY BOARD OF SUPERVISORS

Chris Fairchild	Cunningham District	Chair	cfairchild@fluvannacounty.org
Mike Sheridan	Columbia District	Vice Chair	mikesherdan@fluvannacounty.org
Mike Goad	Fork Union District		mgoad@fluvannacounty.org
Tim Hodge	Palmyra District		timhodge@fluvannacounty.org
Tony O'Brien	Rivanna District		tobrien@fluvannacounty.org



Board of Supervisors Meetings are the first Wednesday at 5 pm and third Wednesday at 6 pm of every month. BOS info at www.fluvannacounty.org/bos

FLUVANNA COUNTY . . . A great place to live, learn, work and *play!*



Like us on
Facebook

Event Updates and Current Trail Info...

www.facebook.com/FluvannaParksandRecreation

Send us an email: pghmuseum@fluvannacounty.org

Financial Assistance

Fluvanna County Parks and Recreation offers scholarships to Fluvanna County residents who qualify. Please fill out a scholarship application and provide a copy of your most recent pay stub for management to review.

You can find the form on the Parks and Recreation website or at one of our offices. Each household member is allowed one discounted program per program guide.

Volunteer Opportunities

We are committed to working cooperatively in the development of programs and amenities to identify and meet the needs of our citizens. Become an active partner with us as we strive to improve the quality of life for all Fluvanna County residents.

Interested in Teaching a Class?

Teaching doesn't have to be hard! We will help you. Tell us what you would like to teach, we will help you create a curriculum, advertise the program, and bring you the students.

Call (434) 589 - 2016 for information.

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HOW TO REGISTER FOR PROGRAMS:

Registration for all programs opens when the current program guide is distributed. You must be registered by the registration deadline for a program. You must be registered to participate in a program, unless listing states otherwise. Register online at <https://fluvanna.recdesk.com> and click "Log In".



Register in person at the following locations during business hours:

Pleasant Grove House Museum, 271 Pleasant Grove Drive, Palmyra, VA 22963

Monday - Friday, 8 AM - 5 PM. Please call (434) 589-2016 before arriving to Pleasant Grove House.

Fluvanna Community Center, 5725 James Madison Highway, Fork Union, VA 23055

Monday - Friday, 8 AM - 5 PM. Please call (434) 842-3150 before arriving to community center.

After business hours, you can leave registrations and payments in one of our drop boxes:

- Pleasant Grove Equestrian Parking, 271 Pleasant Grove Drive, Palmyra, VA 22963
- Carysbrook Sports Complex, 8788 James Madison Highway, Fork Union, VA 23055
- Fluvanna Community Center, 5725 James Madison Highway, Fork Union, VA 23055

Payment is due one week before program starts. A \$20 charge is added for returned checks.

Refund Policy: Refunds may be given when requested provided the request is made prior to the start of the activity. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule. If supplies were purchased on your behalf, that amount may also be deducted from your refund. Allow up to 30 days for your refund to be returned. A \$20 service charge will be assessed for any returned checks.

Prices, event dates and times are subject to change due to unforeseen circumstances.

COURSE INSTRUCTORS DO NOT COLLECT FEES AND CANNOT SIGN YOU UP FOR A PROGRAM.

FCPR INCLEMENT WEATHER POLICY: In the event of inclement weather, the Fluvanna County Parks and Recreation Department's sponsored activities will be cancelled when Fluvanna County Public Schools are on a delay or closed due to inclement weather. Programs may be postponed to another date or a refund may be issued when applicable.

Visit our Facebook page @ www.Facebook.com/FluvannaParksandRecreation for current announcements or call our office at (434) 589-2016, Monday - Friday 8AM - 5PM.



The Fluvanna County Fair Board along with Parks and Recreation would like to Thank ALL who came out for the 2024 Fluvanna County Fair!

We would also like to THANK the vendors, the volunteers and the staff for making this year's Fair a great success and a lot of FUN!

**SPONSORS, VOLUNTEERS & VENDORS WANTED
for the 2025 Fluvanna County Fair!**

If you are interested in being a sponsor or volunteer contact the Fair Board at fluvannafair@gmail.com

Vendors contact Fluvanna Parks & Recreation at (434) 589-2016 or email bkrett@fluvannacounty.org

CR ROOVIN' at the GROVE

Pleasant Grove Park
2nd Saturdays
May-September
Food & Beverages 4-7PM



VIRGINIA IS FOR
MUSIC LOVERS™

'Joe the Spy' September 14th, 5-7PM

FOOD TRUCKS: Michelle's Soul Food & Velentine's Kettle Corn
BEER GARDEN ~ Serving Cold Beer from 4-7PM



A 6 piece blues rock band playing music from Stevie Ray Vaughn to Aretha Franklin. Jose Rubio, guitar and vocals and Lee Gammon, Bass guitar both studied music at VCU in Richmond. Glenn Jones, Drums, studied music at VSU in Petersburg Virginia. Brian Mhlongo comes to us from South Africa, a self-taught keyboardist and vocalist who toured with the Choir of The Lion King musical. Apollonia Morris, our powerhouse lead vocalist sings the likes of Etta to Janis to Tina. Newly added is Pix Ensign, a master Blues harp player from Ohio. Together we have found a unique sound to sing and dance to!

<https://www.facebook.com/joethespy>

PLEASANT GROVE PARK



COMMUNITY SENIOR CENTERS



⇒ [Cunningham Community Senior Center](#) 10AM - 2PM on Mondays (the day before the 2nd & 4th Tuesdays) at VFW Post 8169.
2977 West River Road, Scottsville VA 24590



⇒ [Troy Community Senior Center](#) 10AM - 2PM on Tuesdays (1st & 3rd Tuesdays of the month) at Beaver Dam Baptist Church.
1794 Richmond Road, Troy VA 22974



⇒ [Fork Union Community Senior Center](#) 10AM - 2PM on Wednesdays (day after 2nd & 4th Tuesdays) at the Fluvanna Community Center
5725 James Madison Highway, Fork Union VA 23055



⇒ [Kents Store Community Senior Center](#) 10AM - 2PM on Thursdays (2 days after the 1st & 3rd Tuesdays) at the Agricultural Recreation Center.
ARC, 111 Kents Store Way, Kents Store VA 23084

MEMBERSHIP: There is no cost to be a Member. You must be at least 55 years old and register at your first meeting, and then attend regularly, (2 out of 3 meetings) in order to be considered a Member.

CENTER DAYS: When not on a trip, we are open; 10AM - 2PM. Visitors and volunteers are welcome. *We socialize, exercise, play games, do crafts, plan trips.* You can visit as your schedule allows. However, if you'd like to get a meal provided by FCPR while you're there, you must sign up with Faith Stuart at FCPR at least a day in advance.

Each facility has a refrigerator, if you'd like to bring your own beverage/snacks/lunch.

SENIOR RESOURCES: Being a Member, means you will be alerted regarding services offered to seniors by any of our community partners: Triad, Virginia Tech Extension Office, JABA, the high school, local church groups, and the Virginia Department of Veterans Services.

TRIPS: Center Trips are planned for, and catered to, the membership of each center. FCPR offsets costs of trips for our Members. What each Member will pay is decided on, at least two weeks in advance of the trip, and can be paid to FCPR, up to the morning of the trip.

LARGER TRIPS: Being a Member, includes you in the larger group of all four centers. This means you will be invited to attend FCPR's holiday events and larger trips.

For more information or to subscribe to receiving informational emails, contact Faith Stuart:

434-842-3150 (Office)

434-270-3245 (Work Cell)

fstuart@fluvannacounty.org

Cunningham Mondays:

9/9 • 9/23
 10/7 • 10/21
 11/4 • 11/18
 12/9 • 12/16

All Centers Events:
 9/25 • 12/18

Troy Tuesdays:

9/3 • 9/17
 10/1 • 10/15
 • 11/19
 12/3 • 12/17

All Centers Events:
 9/25 • 12/18

Fork Union Wednesdays:

9/11 • 9/25
 10/9 • 10/23
 11/13 • 11/20
 12/11 • 12/18

All Centers Events:
 9/25 • 12/18

Kents Store Thursdays:

9/5 • 9/19
 10/3 • 10/17
 11/7 • 11/21
 12/5 • 12/19

All Centers Events:
 9/25 • 12/18

Attention Veterans and Dependents! Do you know your Veterans Benefits? We do!
Virginia Department of Veterans Services www.dvs.virginia.gov
For an appointment call Jeannette Flint (434) 529 - 6431



MARTIAL ARTS

AFTER SCHOOL KARATE / TAE KWON DO

Ages 5+ / \$58 / Wednesdays, see dates and times below / Carysbrook Gym

Afterschool Tae Kwon Do Karate will begin on Wednesday, Sept. 11, 2024. This martial arts is a branch of Grand Master Dong's, whose headquarters is in Richmond. In this 6-week session, beginner students will learn the basics (front snap kick, blocks, punches and self-defense grabs). The classes help improve self-confidence and self-discipline while learning how to protect and defend. Skills are taught and reinforced with fun learning skills (targets, stations, partners and blocking games). Students are always learning while never getting bored.

Colored belt students will continue to learn their requirements for their next ranking belt. Taught by 6th Degree Master Bonnie Snoddy.

- **BEGINNER BELTS 3:30 - 4:15PM**
- **YELLOW BEGINNER and HIGHER 4:30 - 5:15PM**
 - Session 1: 9/11, 9/18, 9/25, 10/2, 10/9, 10/16.
 - Session 2: 10/23, 10/30, 11/6, 11/13, 11/20, 11/25.

*Usually will meet on Wednesdays, but will also flex to Mondays.



Register for all programs online: <https://fluvanna.recdesk.com>

NOTICE!

PLEASANT GROVE PARK AND ALL TRAILS WILL BE CLOSED

Friday, December 27, 2024

For the Annual Wheelin' Sportsman Event

The Virginia Wheelin' Sportsmen is an outreach program of the Virginia State Chapter of the National Wild Turkey Federation, dedicated to providing exciting outdoor opportunities to all people with disabilities.



For more information
call FCPR at
(434) 589-2016



FALL PROGRAMS

MOUNTAIN BIKING AT PLEASANT GROVE

Ages 10+ / 2 - 5PM / Check In: 1:45 - 2PM / Check Out: 4:15 - 4:30PM

Saturdays / Nov 2, Nov 9, Nov 16 and Nov 23

Free / Pre-Registration Required / Meet at Pleasant Grove House Parking Lot

Experience: Beginner - Intermediate

This is a one day class.

Beginner group rides are now available for anyone who would like to know more about the trail system at Pleasant Grove. Riders will learn and fine tune basic riding skills while experiencing the extensive trail system in a supportive setting of like-minded riders.

Bring a bike, helmet, water bottle and snack and be ready to ride.

Bring your bike, helmet, water bottle, snack and be ready to ride!

Have a bike that needs a tune up? Contact Matthew Stancil at 434-589-2016 and he'll help get it trail ready!

Scan for Scholarship Application Form ----- ➔

Questions, call Fluvanna County Parks and Recreation at (434) 589-2016



HORSEBACK RIDING CLASSES AT EQUUS SPRINGS FARM

Hunt Seat and Western Lessons Available / Instructor: Heather Antonacci

Ages 6 - 96 / 4 week class / \$140 / Equus Springs Farm / Class size limited

Equus Springs Farm Horseback riding classes are open to all levels of riders, ages 6 to 96. (Weight limit 180#). Beginners learn grooming, tacking up, leading, and riding. More advanced riders may learn to jump courses, do lead changes, ride patterns, ride equitation tests, and so much more. Each rider learns at their own pace and level within the program. School horses and ponies available in a wide range of sizes and abilities to suit each rider. Each class is 4 weeks long. Lessons are an hour long, but tend to run over time. Riders should come in long pants, need to wear shoes/boots with a separate heel (no sneakers), and dress for the weather.

Class size is limited to three new students per session.

- **Session 1:** Thursdays Sept 5 - Sept 26 4:30 - 5:30PM
- **Session 2:** Thursdays Oct 24 - Nov 14 6:00 - 7:00PM
- **Session 3:** Saturdays Oct 26 - Nov 16 10:30 - 11:30AM
- **Session 4:** Saturdays Nov 30 - Dec 21 10:30 - 11:30AM
- **Session 5:** Thursdays Dec 5 - Dec 26 4:30 - 5:30PM



Register online: **<https://fluvanna.recdesk.com>**

Questions, call Fluvanna County Parks and Recreation at (434) 589-2016 or Scan this QR Code..... ➔



Join Fluvanna County Parks & Rec for our

2024 Annual Halloween Festival

Saturday, October 26th

6:30 - 8:30 PM

At Pleasant Grove Park

Open to the Public

...**FREE!**

Come out to Pleasant Grove Park

Saturday, October 26th, 2024

to Celebrate our Annual

Halloween Festival

and Trunk or Treat!



HAUNTED TRAIL

Saturday October 26
6:30-8:30 pm

Enter if You Dare!

Walk the **Semi-Scary Haunted Trail**, if you dare...

Visit with the locals as they hand out treats...

...from the trunks of their spooky automobiles!

"Just a Good Ol' Fashion Trunk or Treat!"

The **Semi-Scary Haunted Trail** and Trunk or Treat

starts at 6:30 pm and ends at 8:30 pm.

If you plan on handing out candy or treats from a

trunk you must Register your Vehicle's Trunk at

<https://fluvanna.recdesk.com> or call

(434) 589-2016 Monday thru Friday, 9AM - 4PM.

Trunks must be registered by

12 Noon, Tuesday, October 22nd!



YOUTH BASKETBALL

LITTLE TYKES BASKETBALL DEVELOPMENT

Ages 3-4 / Saturdays Nov 2 -Dec 14 (No Class Nov 30) / 9-10AM / \$65 / Carysbrook Gym
Players will learn the basics of basketball and skill development.

This program is designed to introduce your child to the fundamentals of basketball while participating in fun skill exercises, relays and game-like situations. This program is taught by Coach Harold Boyd, an experienced basketball coach. He is patient, knowledgeable and understanding and will lead all clinics and games.

All sessions are organized by age. ***Open until filled. Space is limited! Max 20 participants.***

MIGHTY MITES BASKETBALL DEVELOPMENT

Ages 5-6 / Saturdays Nov 2 -Dec 14 (No Class Nov 30) / 10-11AM / \$65 / Carysbrook Gym
Players will learn the basics of basketball and skill development.

This program is designed to introduce your child to the fundamentals of basketball while participating in fun skill exercises, relays and game-like situations. This program is taught by Coach Harold Boyd, an experienced basketball coach. He is patient, knowledgeable and understanding and will lead all clinics and games.

All sessions are organized by age. ***Open until filled. Space is limited! Max 20 participants.***

FCPR BASKETBALL LEAGUE

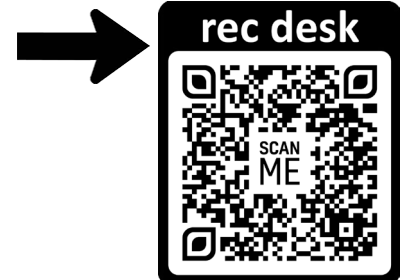
Ages 7 - 18 / Deadline to sign up Nov 17 / \$80 / Carysbrook Gym
practices begin on 12/2/2024 - Games are on Saturday, Starting at 9AM on 1/4/2025
Season ends around 3/15/2025 (makeup dates for snow days permitting).

The FCPR Basketball League is an excellent place for players to learn good sportsmanship and fair play. Participants must meet age requirements by February 1, 2025. Teams will practice once a week between Monday and Thursday. The team selection process will be based on a player evaluation and last season participation.

Evaluations will be held at Carysbrook Gym, see dates and times below. Jersey sizes will be taken during their evaluation. Special request for coaches and teammates will be evaluated on a case-by-case basis. All children are required to play half of each quarter of the game. Games are on Saturday mornings, starting at 9AM.

EVALUATION TIMES & DATES: Evaluations will be held at Carysbrook Gym.

Age Range:	Date:	Time:
7-8 year olds	Nov 9	1-5PM
9-10 year olds	Nov 9	1-5PM
11-13 year olds	Nov 16	1-5PM
14-17 year olds	Nov 16	1-5PM



Register online: <https://fluvanna.recdesk.com>

*** COACHES & REFS ARE NEEDED! Contact Brendan Krett at (434) 589 - 2016 or bkrett@fluvannacounty.org**

Drive Through and Enjoy the Lights!
Pleasant Grove Park's
Community of Lights Celebration!
December 19th through the 22nd, 2024
5PM until 9PM

Enjoy a Holiday-Light-Drive-Through-Loop at Pleasant Grove Park...

271 Pleasant Grove Drive, Palmyra

(Right next door to the Fluvanna County High School off of Route 53)

Event is FREE and open to the public!

Contact Fluvanna County Parks and Recreation
at (434) 589-2016 with any Questions

We are looking for businesses, organizations, groups, clubs, scout troops, churches, families or anyone who would like to set up a family friendly holiday light display.

To set up a family friendly holiday light display please Register Online Free:



<https://fluvanna.recdesk.com>

FCPR will supply electricity!

Deadline to Register: Noon, December 13, 2024



DOG OBEDIENCE TRAINING

About the Instructor: Upon graduating from UVA, Ashleigh Morris looked to the dog world for a career path. Her natural ability with dogs led her to pursue a career in dog training. Studying under an Animal Behavior Consultant, Ashleigh learned a variety of skills to help people learn to more effectively communicate with their dogs as well as solve their dog's behavior problems. She also learned to train dogs and humans in the basic skills needed to enhance the human - animal bond. Ashleigh has been training on her own since 2005 and continues to expand her knowledge and education in order to help people mold their dogs into the perfect companions. She uses positive reinforcement methods. Ashleigh also offers private training sessions. To learn more about what training opportunities will work best for your personal goals, visit www.fluvannadogs.com or contact her at (434) 589-7209 (landline) aymorris@hotmail.com

BEGINNING OBEDIENCE CLASS

Ages 10+ / \$125 per Session / Times Below / Classes are 1 Hour

Class Minimum 4 Dogs - Class Maximum 6 Dogs / Dog Spot @ Fluvanna Community Center

Dogs will be dogs until humans teach them manners. Learn how to positively motivate your dog to learn how to live in the human world. This class teaches sit, look, down, stay, come, leave it, and loose leash walking - all building blocks to a well-mannered dog. Typical behavior problems and solutions for biting, barking, and many other issues will be discussed. Dogs of all ages with up-to-date shots are welcome.

Session 1: 6:30PM / Mondays and Thursdays, September 9, 12, 16, 19 & 23

Session 2: 2PM / Tuesdays and Fridays, October 1, 4, 8, 11 & 15

Session 3: 5:45PM / Thursdays and Mondays, October 17, 21, 24, 28 & 31

Session 4: 11AM / Tuesdays and Fridays, November 8, 12, 15, 19 & 22

Session 5: 6PM / Mondays and Thursdays, December 2, 5, 9, 12 & 16

CONFIDENCE CLASS

Ages 10+ / \$135 / 4:15PM- 5:15PM / Mondays and Thursdays, September 9, 12, 16 & 19

Class Minimum 4 Dogs - Class Maximum 6 Dogs / Dog Spot @ Fluvanna Community Center

Confidence Class helps dogs to build their confidence through the use of beginning low-impact agility equipment and advanced dog training skills. Learning new skills and trying new things helps dogs overcome fears and gain confidence. It's a fun way to practice basic commands and take them to the next level. This is a good follow-up class to Beginning Obedience for any dog.

Prerequisite: Beginning Obedience Class or private training with Ashleigh.

INTERMEDIATE OBEDIENCE CLASS

Ages 10+ / \$135 / Dates Below / Class Minimum 4 Dogs - Class Maximum 6 Dogs

Dog Spot @ Fluvanna Community Center

Intermediate Obedience Class takes your dog's beginning skills to the next level. Holding the commands longer, more distractions, hand signals and voice-controlled walking. Making the skills more practical is the goal. **Prerequisite:** Beginning Obedience Class or private training with Ashleigh.

Session 1: 4:30PM / Thursdays and Mondays, October 17, 21, 24 & 28

Session 2: 4:45PM / Mondays and Thursdays, December 2, 5, 9 & 12

CANINE GOOD CITIZEN CLASS

Ages 10+ / \$135 / Dates Below / Class Minimum 4 Dogs - Class Maximum 6 Dogs

Dog Spot @ Fluvanna Community Center

Canine Good Citizen Class helps dogs to expand their skills and prepare them to take the AKC CGC Test. The class covers the ten skills required in the test to include: sit to greet, grooming, passing other dogs, come, stay, down, and more. The last class will be the test and the student can decide if they want to take a practice test or pay for the certification test.

Session 1: 3:15PM / Tuesdays and Fridays, October 1, 4, 8 & 11

Session 2: 12:15PM / Tuesdays and Fridays, November 8, 12, 15 & 19

DOG OBEDIENCE TRAINING

CLINICS

**Ages 10+ / \$50 per Clinic / Times Below / Dog Spot @ Fluvanna Community Center
Class Minimum 4 Dogs - Class Maximum 6 Dogs**

Questions about your dog's obedience level? Please contact Ashleigh at aymorris@hotmail.com
Prerequisite-completing a class or working with Ashleigh privately, basic skills are required to get the most out of the Clinics. The Clinics are a perfect way to practice your dog's skills in a practical setting and take them to the next level. No two Clinics are the same. The Clinics are designed as semi-private sessions. Once Ashleigh receives the registration list, she will reach out to inquire what your main goal is in taking the Clinic. She then takes the goals of all students and comes up with a personalized Clinic to benefit each pup/person team. We work on things like greetings, having your dog respond in the presence of distractions, commands at a distance and other fun things to build on your dog's skills and manners. No need to commit to a weekly schedule, this one-hour clinic will give you the tools to continue the practice on your own.

Clinic 1: Tue, Sept 10 / 4:30PM

Clinic 2: Wed, Sept 25 / 11AM

Clinic 3: Wed, Oct 9 / 6PM

Clinic 4: Tue, Oct 22 / 4PM

Clinic 5: Mon, Nov 4 / 5:30PM

Clinic 6: Wed, Nov 13 / 2PM

Clinic 7: Tue, Dec 3 / 4:30PM

Clinic 8: Wed, Dec 11 / 11AM



LECTURE SERIES: THINKING OF GETTING A DOG?

**Ages 10+ / Dates Below / 6PM / Fluvanna Community Center
\$30 individual / \$50 for a couple / \$60 for a family of 4**

This one hour lecture will address many things that need to be considered when adding a new furry member to your family. "Should I get a puppy or adult dog, from a breeder or rescue, what breed is the best fit for my lifestyle?" Things can get a bit confusing in this process! Ashleigh will present information that will help you to not only make the best decisions but also include insight into how to prepare your home and life for your new furry addition.

Lecture 1: Tue, Nov 19

Lecture 2: Wed, Dec 11

A NEW LEASH ON SOCIETY CLINICS

Ages 10+ / Dates and Locations Below / \$65 per Clinic

Practicing public behavior around FluCo. Per students' requests, the Dog Spot is taking it to the streets! In these one-hour clinics students will meet at locations around Fluvanna to practice with their pups in real life settings. We'll be taking their skills to an even more practical level as they have fun outings. Dog etiquette and safety will also be discussed. As with the Dog Spot Clinics, Ashleigh does her best to personalize the New Leash on Society Clinic to meet each dog's individual needs and goals, making each Clinic unique to the students participating. Prerequisite-completing a class or private training with Ashleigh.

Public Clinic 1: Wed, Sept 4, 5PM

Public Clinic 2: Tue, Sept 24, 6PM

Public Clinic 3: Wed, Oct 16, 5PM

Public Clinic 4: Tue, Oct 29, 6PM

Public Clinic 5: Thur, Nov 7, 3PM

Public Clinic 6: Mon, Nov 18, 6PM

Public Clinic 7: Tue, Dec 10, 5PM

Public Clinic 8: Wed, Dec 18, 6PM

Ace Hardware in Palmyra

Tractor Supply in Palmyra

Ace Hardware in Palmyra

Tractor Supply in Palmyra

Court Square in Palmyra

Tractor Supply in Palmyra

Ace Hardware in Palmyra

Tractor Supply in Palmyra



OPEN GYM

OPEN GYM / Fall 2024 Open / Free / Carysbrook Gym

Fall Hours end the week before FCPR Basketball Evaluations on November 21, 2024

Hours subject to change and closure. Call (434) 589-2016 or check our Facebook page for current hours and closures. www.Facebook.com/FluvannaParksandRecreation

- Mondays ➡ Volleyball: 6 - 9PM
- Tuesdays ➡ Under 17 Basketball: 6 - 9PM
- Wednesdays ➡ Pickleball: 6 - 9PM
- Thursdays ➡ Over 18 Basketball: 6 - 9PM
- Saturdays ➡ Pickleball: 6 - 9PM



PICKLEBALL OPEN GYM / Fall 2024 / Free / Carysbrook Gym

As of November 23, 2024, Pickleball Open Gym will only be on Saturdays

Pickleball is a cross between Ping Pong, Tennis, and Badminton and is the fastest growing sport for athletes 50 and over! Players use oversized wooden paddles and a whiffleball that moves and bounces slower than a tennis ball. The game is played on a badminton-sized court that is divided by a 34 inch high net making the game easier for athletes to cover the court. It's fast paced, easy to learn, great exercise, and a lot of fun!

Paddles and balls are provided. Come and join the FUN!!!

Scan QR Code for Directions to Carysbrook Gym... ➡
8788 James Madison Highway, Fork Union, VA 23055



Pleasant Grove Disc Golf Volunteer Work Day

October 12, 2024, 9AM-1PM (Rain Date November 2)

Get your work gloves and join us for a day of Volunteer Trail Maintenance on the Pleasant

Grove Disc Golf Course! Call FCPR at (434) 589-2016 for more info. Sign up online now:

<https://fluvanna.recdesk.com/Community/Program/Detail?programId=1699>



Sponsor a Disc Golf Basket & Tee Pad at Pleasant Grove's Disc Golf Course!
Sponsorships are \$150 for the first year, and \$100 per year for each following year.

Sponsors will have their logo and info displayed on a sign at their Tee-Pad.



Pleasant Grove Park: A Natural Experience

Virginia Master Naturalist led monthly hikes at Pleasant Grove Park

Bring the family and enjoy a Virginia Master Naturalist-led Monthly Hike on the first Saturday of the month, meets at 10AM.

Please register in advance for free: <https://fluvanna.recdesk.com>

- **September 7:** Meet at the kiosk behind the library to walk parts of the Boulder Forest and Fern Valley trails. The names of these trails conjure up images of ancient forests of the past. Expect the unexpected on this walk! As we walk these trails in the present day, we'll take an imaginary journey into the last ice age. What animals roamed the land in Virginia during that time? (Preview: there were beavers the size of bear!) We will also imagine what trees and plants filled the landscape at that time as well. We will take about a one mile walk on these trails that loop and curve through the woods.
- **October 5:** Meet at the kiosk by the dog park to walk the Sandy Beach and Princess Anne Trails. October is the start of autumn magic! Spectacular color changes, crunchy sounds underfoot, geese over head, and it just plain feels good again to be outside. We'll take a .7 mile walk on these wide, flat trails, and savor the beginning of fall.
- **November 2:** Meet at the Rock Brook Trailhead Kiosk, go in the main park entrance, turn right at the fork, and you will soon see a grassy parking area and a kiosk on your right at the entrance to the Quail Trail. In November, the meadow is a study in golds and browns. Although the vegetation may be dormant, this habitat is very much alive. We'll see how the meadow provides food and shelter in the fall to all the creatures that call the meadow home. We'll walk about a mile on this grassy, relatively flat trail.
- **December 7:** Meet at the kiosk behind the library to walk parts of the Beech, Deep Creek, and Heritage Trails. We'll take an early winter look at the deciduous forest! We'll see examples of two of the largest tree species found in Virginia and learn how the forest recycles dead trees. Downed leaves allow us to see the contour of the land that directs water all the way to the Chesapeake Bay. We will cross 2 shallow stream beds and climb one moderate hill on this approximately 1 mile walk. Please wear waterproof footwear!

Please Pre-Register, Children MUST be accompanied by a parent or responsible adult.

Please wear appropriate hiking attire, good walking shoes. Please bring a full water bottle and a snack.

The following nature experience opportunities are available whenever you visit Pleasant Grove Park:

- Visit the Nature Room in the Summer Kitchen with interpretive exhibits and animal artifacts native to the park.
- Visit the native plant Butterfly Garden (brochure available).
- Chestnut Restoration Demonstration Plot; learn about the effort to restore a once dominant tree to our forest (brochure available).
- Self-Guided Nature Hike starting at the Cross Hill Trailhead Kiosk near the Butterfly Garden.
- Hike on one of the 23 trails covering over 20 miles. Trail Maps available at trailhead kiosk and at the Pleasant Grove House Museum.
- Go birding - Walk in the Park, observe wildflowers, native grasses and wildlife. Bird ID field guides and checklist available at the Pleasant Grove House and the Fluvanna County Library.
- Hike the arboretum Tree ID Trail behind the Library to observe 23 native tree species identified by interpretive plaques. Youth scavenger hunt brochures available, with prizes for completion, at the Fluvanna County Library.
- Observe one of the Bluebird, American Kestrel, Bat or Eastern Screech Owl Nesting Boxes located throughout the park.
- Walk the Rail Trail in the Village of Palmyra, using the new interpretative Nature and History Walk Guide.

Brochures, guides and maps are available at the Pleasant Grove House Museum and the Library.

Groups, field trips, church groups, history groups, home school, scouts; Please call the Pleasant Grove House Museum at (434) 589-2016 to arrange for a guided tour of the museum or guided hike at the park.

Visit www.vmn-rivanna.org and www.rivannariver.org for more nature opportunities in Fluvanna County.

To check trail conditions, call the Pleasant Grove House Museum at (434) 589-2016 the day of the hike or visit

www.Facebook.com/FluvannaParksandRecreation

2024 FALL EVENTS @ THE FLUVANNA LIBRARY

Fluvanna County Public Library, 214 Commons Blvd., Palmyra, VA 22963

www.fcplva.org • (434) 589-1400 • fluvannalibrary@gmail.com

Story Time - Autumn is for Story-giving - Fridays, September 6 - November 22 - 10-10:30AM

Join Ms. Erinn & company as she shares stories, songs, & fun activities.

Toddlers & Pre-K/K ages welcome with a caregiver. **No registration required.**



Little Readers – 2 Sessions (Space is Limited) - Ages 4 & 5 year old ONLY

- Session 1: November Wednesdays (4 total)
- Session 2: December Mondays (5 total)

Are you a parent or caregiver with a pre-K child who loves books? We invite you & your child to join our weekly, “First Little Readers” guided reading group. **REGISTRATION IS REQUIRED** for this program.

Teddy Bear Picnic – Monday, September 9 – 10-11AM – Ages 2-4 ONLY

Outdoor story, song, activity. Bring a bag lunch to picnic with your bear and friends in the Library yard. **REGISTRATION REQUIRED** for this program.

Read to Rover

FCPL partners with Caring Canines to provide patrons opportunities for anyone to practice reading to a licensed therapy dog. **REGISTRATION IS REQUIRED** for this program.

- Wednesday, September 18 – 1-2PM
- Wednesday, October 9 – 1-2PM
- Wednesday, November 20 – 1-2PM
- Wednesday, December 18 – 1-2PM

Smokey the Bear Reading Challenge – September 23 – November 27

Watch the Library’s webpage and Facebook page for more information!

ATLAS! (At the Library After School) Last Fridays, monthly for Fall 2024 - 3:30-4:30PM - **Ages 9-12 ONLY**

- September 27 – Egg Drop Challenge
- October 25 – Slime Brew
- November 22 – Paper Planes
- December 27 – LEGO Kit Activities

REGISTRATION REQUIRED for this program.

Spooky Family Evenings – Wednesday/Thursday, October 30-31st – 6-7:30PM

Join us for self-directed spooky seasonal stories, crafts, dim lights in the children’s area and flashlight tag.

Friends of the Library Annual Book Sale - Hours of the Library.

- Thursday, October 3 – Saturday, October 5 – Full Price (Oct. 5 – Bake Sale)
- Monday, October 7 – Saturday, October 12 – ½ Price
- Tuesday, October 15 – Saturday, October 19 - \$5/bag



“No School Today” Activities & Movie - Monday, November 4 – All DAY Activities & - 2PM Movie – TBD

Friday Movies @ the Library - Every 1st and 3rd Fridays at 2PM ONLY starting in November.

No movies in Sept. and October due to book sale set up and sale.



Spice of the Month Club - 4th Saturday of every month at 10AM

Information about the spice, recipes and a sample of the spice while supplies last.

The Friends of the Library sponsor all programs. Please contact the Library for more information or with any questions: Fluvanna County Public Library, 214 Commons Blvd., Palmyra, VA 22963 – (434) 589-1400 or via email at fluvannalibrary@gmail.com

RENTALS & RATES

Fluvanna County Parks and Recreation rents facilities for weddings, receptions, meetings, conferences, lectures, dances, luncheons, parties and family reunions. Facilities and equipment are listed below. Refunds may be given when requested ONE WEEK PRIOR TO THE START OF THE RENTAL. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule.

Pleasant Grove Park

Athletic Fields: \$25/hour

Baseball, Softball, Soccer

Tournaments: \$75/day

Pole Barn: \$150/All Day/\$200 Deposit

Pole Barn: \$80/Half Day/\$200 Deposit

Horseback Trails: \$8/ Daily

Outdoor Stage: \$150/day/\$200 Deposit

Eastern Trailhead Pavilions (Dog Park)

Large Pavilion: (40 people)

\$50/day/\$200 Deposit

Small Pavilion: (25 people)

\$25/day/\$200 Deposit

Fluvanna Community Center

Meeting Room: \$30/hour/\$200 Deposit

Auditorium: \$90/hour/\$200 Deposit

Carysbrook Sports Complex

Athletic Fields: \$25/hour/\$200 Deposit

Tournaments: \$75/day/ \$200 Deposit

Gymnasium: \$80/hour/\$200 Deposit

Civil War Park

In Palmyra, VA 1/2 acre with picnic tables, near the Old Stone Jail Museum.

Contact FCPR for info: (434) 589 - 2016

Tables

Rectangular: \$6 each per day/\$200 Deposit

Round: \$8 each per day/\$200 Deposit

Chairs

\$4 each per day/\$200 Deposit

Big Tent

18' x 30' Tent Canopy

\$150 per day/\$200 Deposit

Small Tent

14' x 20' Tent Canopy

\$100 per day/\$200 Deposit

KAYAK LIVERY at PLEASANT GROVE

KAYAKS/\$25 per day/\$200 security deposit

\$45 per weekend /\$200 security deposit

Call (434) 589-2016 to arrange rental.



Rentals call Fluvanna County Parks and Recreation at (434) 589-2016

Fluvanna County... A great place to live, learn, work and play!



Registration Form



PAYMENT MUST ACCOMPANY THIS FORM
 MAKE CHECKS PAYABLE TO "FCPR"
 P.O. Box 70, PALMYRA, VA 22963 (434) 589-2016

First Name _____ Middle Initial _____
 Last Name _____ Birth Date ___/___/___ Gender M / F

Mailing Address _____

Email Address _____

Home Phone _____ Mobile Phone _____

Emergency Contact: Name _____ Phone _____

Shirt Size: Youth Adult Small Medium Large X-Large

Special Needs/Disabilities _____ Allergies _____

Household Members:

Name: _____ Birth Date: ___/___/___

Name: _____ Birth Date: ___/___/___

Name: _____ Birth Date: ___/___/___

Name: _____ Birth Date: ___/___/___

Activity Title	Date(s)	Time(s)	Fee (non-resident add 15%)

Assumption Of Risk

I understand the nature of the activity in which I am (my child is) being enrolled. I understand that there are certain risks inherent with participating in recreational activity and that it is the duty of each participant to exercise reasonable care for their own safety and that of other participants. If this consent is given for my child, I also understand that, while participating in the activity, my child will be expected to behave in a reasonable and responsible manner and that the activity's supervisory staff has the authority to discipline my child in a manner similar to that imposed in Fluvanna County's public schools. I understand that under Virginia law, both Fluvanna County and its employees are immune from liability for negligence should I (my child) suffer any injury while participating in the activity and that I may consider procuring insurance to protect myself (my child) from such occurrences. With all this in mind, I hereby give my consent to enroll myself (my child) in the activity indicated. I also agree for my child to be transported by Parks and Recreation to the appropriate facility for my child to participate in such class if needed.

Signature of Participant or Legal Guardian if under 18 years of age _____ Date: _____

Print Legal Guardian's name for participants under 18 years of age: _____

Refund Policy: Refunds may be given when requested provided the request is made prior to the start of the activity. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule. If supplies were purchased on your behalf, that amount may also be deducted from your refund. Allow up to 60 days for your refund to be mailed. A \$20 service charge will be assessed for any returned checks.

Office Use Only: Rec'd Date _____ By _____ Check # _____ Cash _____ CC _____
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FLUVANNA COUNTY PARKS AND RECREATION FACILITIES

Pleasant Grove House Museum & Visitor Center

271 Pleasant Grove Drive
Palmyra, VA 22963
(434) 589-2016

- Parks and Rec Office
- County Welcome Center
- Transportation Museum
- Summer Kitchen
- Nature Room

www.fluvannacounty.org/parksrec

Fluvanna Community Center

5725 James Madison Highway
Fork Union, VA 23055
(434) 842-3150

- Parks and Rec Office
- Fork Union Active Older Adults Center
- Playground
- Classrooms
- Rentals All Year Long

Pleasant Grove Park and Western Trailhead

271 Pleasant Grove Drive
Palmyra, VA 22963

- Hiking, Biking and Equestrian Trails
- Pole Barn
- Playground
- Athletic Fields, including Disc Golf
- Butterfly Garden
- Outdoor Stage

Carysbrook Sport Complex

8788 James Madison Highway
Fork Union, VA 23055

- Athletic Fields
- Gymnasium
- Playground
- Picnic Shelter

Event Updates, Photos and Trail Info...

www.Facebook.com/FluvannaParksandRecreation

Pleasant Grove Dog Park and Eastern Trailhead

110 Thomas Jefferson Parkway
Palmyra, VA 22963

- Dog Park with 3 fenced areas
- for large and small dogs
- ADA Trailhead
- Picnic Shelters
- Fitness Trail
- Hiking Trails

Pleasant Grove Disc Golf Course

271 Pleasant Grove Drive
Palmyra, VA 22963

- 18 hole disc golf course

Civil War Park

Village of Palmyra, VA 22963

- 1/2-acre with picnic tables,
near the Old Stone Jail Museum

FLUVANNA COUNTY COMMUNITY PARTNERS

Fluvanna County Extension Office

5725 James Madison Highway
Fork Union, VA 23055
(434) 591 - 1950

Department of Social Services

8880 James Madison Highway
Fork Union, VA 23055
(434) 842 - 8221

Child Services Act

132 Main Street
Palmyra, VA 22963
(434) 591 - 1933

Fluvanna County Library

214 Commons Boulevard
Palmyra, VA 22963
(434) 589 - 1400

School Board Office

14455 James Madison Highway
Palmyra, VA 22963
(434) 589 - 8208

Fluvanna County Sheriff's Office

160 Commons Boulevard
Palmyra, VA 22963
(434) 589 - 8211

www.fluvannacounty.org/sheriff

Fluvanna Art Association

www.fluvannaart.com

Fluvanna County Historical Society

14 Stone Jail Street
or PO Box 8
Palmyra, VA 22963
fluvannahistory@gmail.com
(434) 589 - 7910
www.fluvannahistory.org

Jefferson Area Board for Aging

674 Hillside Dr. Ste. 9
Charlottesville, VA 22901
jabacares@gmail.com
(434) 817 - 5222

Fluvanna Heritage Trail Foundation

PO Box 501
Palmyra, VA 22963
(434) 589 - 4839

Fluvanna Master Gardeners

(434) 591 - 1950
www.fluvannamg.org

Fluvanna Arts Council

Box 210
Palmyra, VA 22963
Info@Carysbrook.org
(434) 842 - 1333

Fork Union Military Academy

4744 James Madison Highway
Fork Union VA 23055
(434) 842 - 3212
www.forkunion.com

Girl Scouts of Virginia Skyline

info@gsvsc.org
(540) 777-5100
www.gsvsc.org

Scouts BSA

Boy Scouts of America

info@virginiaheadwaters.org
(540) 943-6675
www.vahcbsa.org/monticello

Fluvanna Farm Bureau

15905 W. River Road
Fork Union, VA 23055
fluvanna@vafb.com
(434) 842 - 3411
www.vafb.com/offices/fork-union

Virginia Department of Wildlife Resources (DWR)

(804) 305-8940
[https://dwr.virginia.gov/waterbody/
rivanna-river](https://dwr.virginia.gov/waterbody/rivanna-river)

Chamber of Commerce

177 Main Street
Palmyra, VA 22963
(434) 489 - 3262
<https://fluvannachamber.org>



Like us on
Facebook

Event Updates and Current Trail Info...

www.Facebook.com/FluvannaParksandRecreation



FLUVANNA SPORTS ORGANIZATIONS

BASKETBALL

**Fluvanna County
Parks & Recreation**
(Fall & Winter) Ages 3 - 17
(434) 589 - 2016
<https://fluvanna.recdesk.com>

TENNIS

Camp Friendship Tennis Center
tennis@campfriendship.com
www.friendshiptennis.com

BASEBALL

Fluvanna Youth Baseball
Ages 4 - 15
baseballfluvannayouth@gmail.com
fluvannayouthbaseball.com

SOFTBALL

Fluvanna Girls Softball League
Ages 5 - 18
fluvannasoftball@gmail.com
www.fluvannagirlssoftball.com

FOOTBALL

**Jefferson District Youth
Football League**
(Fall) Ages 8 - 14
coachjfyf@gmail.com
<https://www.jdyfl.org>

SOCCER

**Fluvanna Youth Soccer
Association**
FYSAforce@aol.com
<http://fysaforce.org>

LACROSSE

Fluvanna Lacrosse Club
Boys 2 - 8 Grade
fluvannalaxclub@gmail.com
www.facebook.com/FlucoLax



DANCE

Flutterwheels Square Dance Club
Contact: Janice Grandstaff
(434) 286 -2585
[www.facebook.com/
FluvannaFlutterwheels](http://www.facebook.com/FluvannaFlutterwheels)

SWIMMING

Lake Monticello Swim Team
(Summer)
lmstsharks@gmail.com
www.lmstsharks.com

Fluvanna Aquatics Sports Team FAST

info@fluvanna-swimming.org
[https://www.teamunify.com/team/
vsfast/page/home](https://www.teamunify.com/team/vsfast/page/home)

BATON TWIRLING

Next Generation Twirlers
Contact: Amy Hill
nextgenerationtwirlers@gmail.com
nextgenerationtwirlers.weebly.com

Pleasant Grove House Museum

A slice of Fluvanna history resides in the renovated Pleasant Grove House, Summer Kitchen and Farm Heritage Museums.

Showcasing the history of transportation and agriculture in Fluvanna County.

Pleasant Grove House also serves as Fluvanna County Parks and Rec's main office and the County Visitor Center.

Museum and Office Hours:

Monday - Friday, 8AM - 5PM

Museum Staff Guided Tour Hours:

Saturday and Sunday 9AM - 5PM

Address:

271 Pleasant Grove Drive
Palmyra, VA 22963

Phone: (434) 589 - 2016



The Pleasant Grove House Museum, built by William D. Haden in 1854, also serves as the headquarters for Fluvanna County Parks and Recreation and County Visitor Center.