



# FLUVANNA PARKS & RECREATION

## Summer 2016 Program Guide

- **Active Older Adults**
- **Athletics**
- **Fitness**
- **Outdoor Activities**
- **Summer Camps**
- **Special Events**



*Spend your summer with Parks and Rec!*

## MISSION STATEMENT

Our Parks and Recreation Department’s mission is to promote opportunities for all residents to pursue safe and enjoyable leisure activities in balance with the protection and conservation of Fluvanna’s natural resources.

## FLUVANNA PARKS AND RECREATION STAFF

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### Jonathan Pace

Recreation Program Specialist  
 jonathanpace@fluvannacounty.org  
 (434) 842-3150

## FLUVANNA PARKS AND RECREATION ADVISORY BOARD

Members shall advise the Director of Parks and Recreation and the Board of Supervisors on the planning and development of a comprehensive system of parks and recreation services for the benefit of the citizens of Fluvanna County. Members also serve as a liaison between the Parks and Recreation Director, the Board of Supervisors and the citizens of the county.

### Mike Sheridan - BOS Liaison

(434) 239-2637 / mikesheridan@fluvannacounty.org

### Wade Parrish - Chairman

(434) 981-4490 / parrishw@embarqmail.com

### Jerry Custer - Vice Chairman

(434) 589-3969 / jcuster@radiometeramerica.com

### Scott Morris - School Liaison

(434) 589-8208 / smorris@mail.fluco.org

### Bobbi Vernon - At Large

(434) 591-0101 / bobbie.vernon2@gmail.com

### Eva McGehee - Student

(434) 589-1139 / ejmbookworm@gmail.com

### David Wood - At Large

(434) 589-8584 / halloween13dw@gmail.com

### Abigail Lintecum - Student

(434) 589-7215 / alintecum@brvgs.512.va.us

### Walter Hussey - At Large

(703) 967-1798 / whthinker@yahoo.com

### Financial Assistance

Parks and Recreation offers scholarships to Fluvanna County residents who fill out a scholarship application and provide a copy of their most recent pay stub for FCPR management to review. You can find the form on the Parks and Recreation website or at one of our offices to pick one up.

### FCPR Inclement Weather Policy

In the event of inclement weather, the Parks and Recreation Department’s sponsored activities will be cancelled if Fluvanna County Schools are closed or close early for the day. Call (434) 589-2016, Monday through Friday 8am-5pm for info about Parks and Rec Programs.

### Volunteer Opportunities

We are committed to working cooperatively in the development of our programs and amenities to identify and meet the needs of our citizens. Become an active partner with us as we strive to improve the quality of life for all Fluvanna County residents. Call (434) 589-2016 for opportunities to get involved.

### Interested in Teaching a Class or Workshop?

Teaching doesn’t have to be hard! Tell us what you like, we’ll help you make the curriculum, advertise the program, and bring you the students. Call (434) 589-2016 to discuss your class interest.

# FLUVANNA COUNTY ... THE HEART OF VIRGINIA AND YOUR GATEWAY TO THE FUTURE

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## BOARD OF SUPERVISORS

- **Columbia District:** Mike Sheridan, Chair  
[mikesherdan@fluvannacounty.org](mailto:mikesherdan@fluvannacounty.org)
- **Cunningham District:** Donald W. Weaver  
[dweaver@fluvannacounty.org](mailto:dweaver@fluvannacounty.org)
- **Fork Union District:** Mozell Booker, Vice Chair  
[mbooker@fluvannacounty.org](mailto:mbooker@fluvannacounty.org)
- **Palmyra District :** Patricia B. Eager  
[peager@fluvannacounty.org](mailto:peager@fluvannacounty.org)
- **Rivanna District:** Tony O'Brien  
[tobrien@fluvannacounty.org](mailto:tobrien@fluvannacounty.org)

Board Meetings are the 1st Wednesday at 4pm and 3rd Wednesday at 7pm of every month.  
[www.fluvannacounty.org/government/bos](http://www.fluvannacounty.org/government/bos)




[Facebook.com/FluvannaParksandRecreation](https://www.facebook.com/FluvannaParksandRecreation)

## HOW TO REGISTER

- Registration for all programs and activities opens as soon as the current program guide is published and distributed.
- You must be signed up one week prior to the first class of each session.
- You must be registered to participate in a program, unless listing states otherwise.
- Register online at <http://fluvannacounty.org/services/parks-and-recreation> and click “Register Now”
- Register in person at the following locations during business hours:
  - **Fluvanna Community Center** 5725 James Madison Highway, Fork Union, VA 23055  
•Business Hours: Monday-Friday, 8 a.m.-5 p.m.
  - **Pleasant Grove House Museum** 271 Pleasant Grove Drive, Palmyra, VA 22963  
•Business Hours: Monday-Friday, 8 a.m.-5 p.m. & Saturday-Sunday 12 p.m. - 4 p.m.
- After business hours, you can leave registrations and payments in one of our three drop boxes:
  - **Pleasant Grove Equestrian Parking** 271 Pleasant Grove Drive, Palmyra, VA 22963
  - **Carybrook Sports Complex** 8788 James Madison Highway, Palmyra, VA 23055
  - **Fluvanna Community Center** 5725 James Madison Highway, Fork Union, VA 23055
- Course instructors will not collect fees.
- A \$20 charge will be added for any returned check.

# June

# SUMMER CAMPS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 29	30 	31	June 1	2	3	4
		<b>Virginia Attractions Week - Page 6</b>				
5	6	7	8	9	10	11
	<b>British Soccer Camp - Page 6</b>					
	<b>Teen Camp, Leadership and Adventure - Page 8</b>					
	<b>Introductory Volleyball Camp - Page 7</b>					
	<b>KidsCollege@Fluvanna - Page 8</b>					
	<b>Intermediate Volleyball Camp - Page 7</b>					
12	13	14	15	16	17	18
	<b>Teen Camp, Leadership and Aquatics - Page 8</b>					
	<b>KidsCollege@Fluvanna - Page 8</b>					
19	20	21	22	23	24	25
	<b>Sports Week I @ Camp Friendship - Page 9</b>					
	<b>Pottery Camp (half-day) - Page 7</b>					
	<b>Mixed Media Camp (half-day) - Page 7</b>					
	<b>Equus Springs Beginner-Intermediate Horseback Riding Camp - Page 8</b>					
26	27	28	29	30	July 1	2
	<b>Variety Week I @ Camp Friendship - Page 9</b>					

# July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
	<b>Theme Park Week - Page 9</b>					
10	11	12	13	14	15	16
	<b>Sports Week II @ Camp Friendship - Page 9</b>					<b>Car Show and NFL Pepsi Punt Pass and Kick - Page 17</b>
	<b>Pottery Camp (morning) - Page 7</b>					
	<b>FCPR Youth Basketball Camp - Page 6</b>					
	<b>Equus Springs Intermediate Horseback Riding Camp - Page 8</b>					
17	18	19	20	21	22	23
	<b>Variety Week II @ Camp Friendship - Page 9</b>					
24	25	26	27	28	29	30
	<b>Aqua Mania Week - Page 9</b>					



6 SESSIONS  
FOR \$75

# STROKE SWIM CLINIC 2016

Get ready to start the summer out right with  
*Fun Fitness and Friends!*

## April 14 - May 19

Thursday Afternoons at Health Nutz  
Fitness & Aquatic Center.

### 4:00—5:00 pm

Registration available at  
*IswimFAST.org*  
starting March 1st



Open to swimmers ages 4 to 18. NO PRIOR EXPERIENCE REQUIRED. Our experienced coaches will teach your child the basics in the four strokes of swimming. Bus Transportation available from Fluvanna Public Schools.

Contact FAST at 434-207-4784 for more information

Or email us at [info@iswimfast.org](mailto:info@iswimfast.org)



# SUMMER CAMPS

## **Virginia Attractions Week**

**Ages 6-13 / May 31- June 4 / 7am-6pm / \$150 / Meet at Carysbrook Gym**

This week we will take day trips to some of Virginia's best kid-friendly attractions. This is a 4-day camp, as Memorial Day is that Monday. We will go to Luray Caverns, SkyZone Trampoline Park, Metro Richmond Zoo, and spend a day orienteering and paddling in Fluvanna County. Activities may change based on availability and weather. **Contact Claire Lowande with questions: (434) 589-2016, [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org).**

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## **British Soccer Camps**

The #1 Soccer Camp in the US and Canada is coming to Fluvanna County again this summer. What a way to keep your soccer skills from getting rusty and learn from the experts! Each camper will receive a FREE camp ball, camp shirt, and personal player evaluation! Register by April 22 to receive your FREE British Soccer jersey in the mail. **Contact Aaron Spitzer at (434) 842-3150, [aspitzer@fluvannacounty.org](mailto:aspitzer@fluvannacounty.org).**

### **First Kicks:**

**Ages 3-4 yrs/ June 6-10 / 9-10am / \$92 / Pleasant Grove Park Soccer Fields**

A great way to introduce your child to soccer! Young players are introduced to game basics through fundamental activities, games and fun soccer challenges. Parents are encouraged to join in! Campers must be three and potty trained by the start of camp.

### **Mini Soccer:**

**Ages 4-6 yrs / June 6-10 / 10:15-11:45am / \$109/ Pleasant Grove Park Soccer Fields**

This is a unique way for youngsters to learn the fundamentals of the game. Fun games, competitions, and challenging skill-building activities are designed to enlighten and develop budding players.

### **Half Day:**

**Ages 7-14 yrs / June 6-10 / 9am-12pm / \$152 / Pleasant Grove Park Soccer Fields**

This program provides technical and tactical instruction, placing an emphasis on skill development and mastery of core techniques through individual and small group practices and coached games.

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## **FCPR Youth Basketball Camp**

**Ages 5-12 / July 11-15 / See Times Below/ \$50 / Carysbrook Gym**

The game of basketball is a fun experience for all ages. This camp is designed in a non-competitive environment to teach boys and girls the fundamentals of passing, dribbling, shooting, offensive and defensive strategies. Learn these fundamentals while having lots of fun with your new friends. **Contact Aaron Spitzer with questions: (434) 842-3150, [aspitzer@fluvannacounty.org](mailto:aspitzer@fluvannacounty.org).**

**Times:** Ages 5-8 years - 9am-10:15am

Ages 9-12 years / 10:30am-12pm

# SUMMER CAMPS

## **FCPR Volleyball Camp**

Hosted by Nicole Hackenberg and staff, including Division I, II, and III college players. Nicole was an All-Conference NCAA volleyball player; she also made the final callbacks for the 1993 US Olympic Volleyball Team. She has coached at the Lehigh University, Penn State University, Juniata College, Susquehanna University, Marian Catholic High School in Pennsylvania, and Fluvanna County High School. **Contact Aaron Spitzer at (434) 842-3150, [aspitzer@fluvannacounty.org](mailto:aspitzer@fluvannacounty.org).**

### **Beginner-Intermediate**

(minimal experience necessary)

**Girls Age 10-15 / June 6-10 / 8am-12pm / \$75 / Carysbrook Gym**

You will spend 5 fun-filled days learning the basic skills of volleyball in preparation for more competitive play. This great opportunity will introduce you to the skills of the game. Please bring sneakers and knee pads, a snack or light lunch and plenty to drink.

### **Intermediate-Advanced**

**Girls Age 13-18 / June 7-9 / 1pm-4pm / \$25 per session / Carysbrook Gym**

You will spend several fun-filled days participating in drills to better your game and to get in shape for playing competitive volleyball. This is a great opportunity to refine and specialize your skills!

**Session 1:** Setting, June 7

**Session 2:** Defensive Passing, June 8

**Session 3:** Hitting/Blocking, June 9

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## **Pottery Camp (Half-Day)**

**Ages 7-13 / See Dates & Times Below / \$80 / Fluvanna Community Center**

Play in the mud and explore clay! Campers will learn various hand building techniques to make and paint their own items (dishes, fantasy creatures, monsters, bug-buddies, self-portraits mobiles, jewelry, sculpture, etc.) Pieces will be fired and painted at the end of the session. Class includes clay and paint. \*New this year: combine Pottery Camp Session 1, with Mixed Media Art Camp (below) for a full day of art camps and get lunch supervision for free!\* **Contact Claire Lowande with questions: [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org), (434) 589-2016.**

**Session 1:** June 20-24

Monday-Friday

9am-12pm

**Session 2:** July 11-15

Monday-Friday

9am-12pm

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## **Mixed Media Arts Camp (Half-Day)**

**Ages 7-13 / June 20-24 / 1pm-4pm / \$80 / Fluvanna Community Center**

Explore your inner artist and learn how to turn everyday things into useful and fun items. We will create a variety of items (lamps & lanterns, scrap books & journals, jewelry, and various decorative items) using techniques of paper stained glass, mosaic, recycled media, paint, printing and more. All creations will be finished by the end of the session. Class includes materials. \*New this year: combine Pottery Camp Session 1(above), with Mixed Media Art Camp for a full day of art camps and get lunch supervision for free!\* **Contact Claire Lowande with questions: [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org), (434) 589-2016.**

# SUMMER CAMPS

## **NEW! Teen Camp - Leadership & Adventure**

**Ages 13-16 / June 6-10 / 7am-6pm / \$175 / Fluvanna County High School**

New this year, we're offering two weeks of summer camps for teenagers! This week, teens will learn the value of service to their community in the morning, then have fun with outdoor adventure sports like mountain biking, hiking, and orienteering. Service activities may include building, volunteering, and helping at the Fork Union Active Older Adults Center. What a great way to build your college resume while having fun!

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## **NEW! Teen Camp - Leadership & Aquatics**

**Ages 13-16 / June 13-17 / 7am-6pm / \$175 / Fluvanna County High School**

New this year, we're offering two weeks of summer camps for teenagers! This week, teens will learn the value of service to their community in the morning, then cool off with some water activities like paddling down the Rivanna, water balloon fights, and swimming. Service activities may include building, volunteering, and helping at the Fork Union Active Older Adults Center. What a great way to build your college resume while having fun!

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## **KidsCollege@Fluvanna**

**Ages 8-14 / June 6-17 / Fluvanna County High School**

Send your kid to college! Parks and Recreation is offering wrap-around care for this excellent partnership with Piedmont Virginia Community College and Fluvanna County Public Schools. Check out [pvcc.edu/kidscollege](http://pvcc.edu/kidscollege) for full course listings, and sign up with Parks and Recreation for the wrap-around care options below. **Contact Claire Lowande with questions: (434) 589-2016, [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org).**

Early Drop-Off:		7-8:45am	\$10/week
Lunch Supervision:	12-1pm	\$10/week	
Late Pick-Up		4:15-6pm	\$10/week



## **Equus Springs Farm Day Camp**

**Ages 8+ / See Dates & Times Below / Equus Springs Farm**

Spend a week at a family-run horseback riding stable where the learning opportunities are endless: riding lessons, horse care, feeding, first aid, clipping, tack care, hoof care, bathing, trail riding, anatomy, judging, critiquing, showmanship, training, foaling, pool time, games on horseback, field trips, crafts, and so many more possibilities. Daily riding lessons, weather permitting. Improve your beginner to intermediate riding skills. Find out what it really means to own a horse. Proper riding boots required. Bring your lunch, swim suit, towel, sunblock, and dress for the weather each day, as this is an OUTDOOR camp.

Participants will be actively involved in the daily routine of running a horse farm; learning by doing, and getting dirty. \*More Equus horseback riding classes can be found on page 12\* **Contact Claire Lowande with questions: [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org), (434) 589-2016.**

<b>Session 1:</b> Beginner-Intermediate (ages 8+)	June 20-24	8am-4pm	\$285
<b>Session 2:</b> Intermediate (ages 9+)	July 11-15	8am-4pm	\$300



# SUMMER CAMPS

## **Theme Park Week**

**Ages 6-13 / July 4-8 / 7am-6pm / \$210 / Meet at Carysbrook Gym**

Want a thrill? This camp is designed for adventurous youth with high energy levels! Each day we will take a trip to a different Virginia attraction - Busch Gardens, Kings Dominion, Onesty Family Aquatic Center, Splashdown Water Park, and Jump Charlottesville. Campers will need to bring their own lunch, and have swimsuits for certain days. **Contact Claire Lowande with questions: (434) 589-2016, [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org).**

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## **Aqua Mania Week**

**Ages 6-13 / July 25-29 / 7am-6pm / \$185 / Meet at Carysbrook Gym**

Don't you want to spend the last week of summer having as much fun as possible? Pack a swimsuit every day because these kids are going to get wet! We will go to Water Country USA, Soak City in King's Dominion, Massanutten WaterPark, Cobblestones Park and finish off the week in our own backyard floating down the James. Participants will need a change of clothes, towels, lunches, and sunscreen every day. **Contact Claire Lowande with questions: (434) 589-2016, [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org).**

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## **Spend a week @ Camp Friendship**

\*New this year: We've opened up more spots and campers will be divided between "junior" (age 6-9) and "senior" (age 10-13) campers and participate in activities with campers closer to their age.\* Spend a week on Camp Friendship's 730 beautiful acres. This residential summer camp in Fluvanna County has been open since 1966 and hosts campers from all over the world. Every day includes swimming, healthy lunch provided by Friendship and themed activities offered through Fluvanna Parks and Recreation at a fraction of the cost of an overnight experience at Camp Friendship. **Contact Claire Lowande with questions: (434) 589-2016, [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org).**

## **Sports Week I @ Camp Friendship**

**Ages 6-13 / June 20-24 / 7am-6pm / \$200 / Meet at Carysbrook Gymnasium**

Campers will get instruction in a variety of sports from soccer, tennis, mountain biking, and more! Activities vary with age group.

## **Adventure and Arts Week I @ Camp Friendship**

**Ages 6-13 / June 27-July 1 / 7am-6pm / \$200 / Meet at Carysbrook Gymnasium**

Learn to shoot an air rifle, camp in the wilderness, make pottery, and more at Adventure Week! Activities vary with age group.

## **Sports Week II @ Camp Friendship**

**Ages 6-13 / July 11-15 / 7am-6pm / \$200 / Meet at Carysbrook Gymnasium**

Flag football, air riflery, swimming and more! What a fun week! Activities vary with age group.

## **Adventure and Arts Week II @ Camp Friendship**

**Ages 6-13 / July 18-22 / 7am-6pm / \$200 / Meet at Carysbrook Gymnasium**

This week will include a traditional camp experience with pottery, digital photography, and shooting sports. Activities vary with age group.

# ATHLETICS

## **Kiddie Tee-Ball**

**Ages 3-4 / Saturdays / April 16-May 21 (No Class 4/9) / 10-11am / \$50 / Carysbrook Gym**

\*Please note: previous publications incorrectly stated Kiddie Tee-Ball started April 2nd.\* Fluvanna County Parks and Recreation Kiddie Tee-Ball is an exciting and innovative sports program that introduces 3 & 4 year olds to the game. Fun, skill development, socialization, teamwork and parent/child interaction are emphasized. Children learn basic sport skills in a safe, age appropriate, noncompetitive environment. First 3 weeks in gym, second 3 weeks outside. On the last week, we will travel to Charlottesville to scrimmage a team from the YMCA for a game-type atmosphere. Instructor: Harold Boyd. **Contact Aaron Spitzer with questions: (434) 842-3150 [aspitzer@fluvannacounty.org](mailto:aspitzer@fluvannacounty.org).**

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## **Junior Tennis Camps**

**Ages 5-9 / See Dates Below / 9am-10:45am / \$70 / Camp Friendship**

This unique program is designed to teach young children fundamentals of tennis. The class is fun and active with emphasis on motor skills development. Spaces are limited! Sign up early! **Contact Aaron Spitzer with questions: (434) 842-3150 [aspitzer@fluvannacounty.org](mailto:aspitzer@fluvannacounty.org).**

**Session 1:** June 13 - June 15

**Session 2:** June 20 - June 22

**Session 3:** June 27 - June 29

**Session 4:** July 4 - July 6

**Session 5:** July 11 - July 13

**Session 6:** July 18 - July 20

**Session 7:** July 25 - July 27

**Session 8:** Aug 1 - Aug 3

**Session 9:** Aug 8 - Aug 10

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## **Tennis Development Academy**

**Ages 9-16 / See Dates Below / 9am-12:15pm/ \$150 / Camp Friendship**

This tennis training program is designed to improve each player's strokes and game strategy, match play skills, mental preparation and fitness. This is a great opportunity for local children to meet young players from around the world; the program allows residential campers and local tennis players to get together on the tennis courts of Camp Friendship. The program is run by Alina Ackenbom, USPTA-certified Elite Professional. Sign up early! Spaces are limited! Too busy to commit to 5 days a week? Drop in rate is \$30 a day but must register in advance. **Contact Aaron Spitzer with questions: [aspitzer@fluvannacounty.org](mailto:aspitzer@fluvannacounty.org) (434) 842-3150.**

**Session 1:** June 13 - June 17

**Session 2:** June 20 - June 24

**Session 3:** June 27 - July 1

**Session 4:** July 4 - July 8

**Session 5:** July 11 - July 15

**Session 6:** July 18 - July 22

**Session 7:** July 25 - July 29

**Session 8:** Aug 1 - Aug 5

**Session 9:** Aug 8 - Aug 12

# ATHLETICS

## **FCPR Tackle Football**

**Ages 11-12 / Starts August 15 / Registration Deadline August 12 / \$125 (Additional \$150 deposit required for equipment) / Practice at Fluvanna Middle School**

Looking for a football program that has no weight limit and travels? This is the program for you! This team travels no more than 50 miles from Fluvanna County and plays teams that are in this age group. We are part of the local AAU football league. Practice times will be determined before the season starts. This football program's season ends the first of November. You will be required to turn in a physical, copy of birth certificate, and have a walking ID. Your deposit will be returned to you once your equipment has been turned back in. **Contact Aaron Spitzer: (434) 842-3150 [aspitzer@fluvannacounty.org](mailto:aspitzer@fluvannacounty.org).**

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## **Fluco Volleyball Clinics**

**Ages 8-14/ See Dates & Times Below / \$35 all four sessions; \$10 each session / Fluvanna High School Gym**

Learn to play volleyball! This clinic is open to all skill levels. Each Sunday, you will learn more about the game of volleyball and the skills needed to play from the Fluvanna Volleyball Team and coaches. This is a great way to be introduced to and learn about a great team sport and prepare for camps coming up in the Summer! **Contact Aaron Spitzer with questions: (434) 842-3150 [aspitzer@fluvannacounty.org](mailto:aspitzer@fluvannacounty.org).**

<b>Session 1:</b> Mar 20	Sunday	3-5pm
<b>Session 2:</b> Apr 17	Sunday	3-5pm
<b>Session 3:</b> May 1	Sunday	3-5pm
<b>Session 4:</b> May 15	Sunday	3-5pm

# ENRICHMENT

## **Fluvanna Mothers Group– On Break May 24-September 5**

**Infants-6 / Tuesdays / 10am-12pm / \$5 per child annually / Carysbrook Gym**

This is a weekly playgroup designed for children birth to 6. Our play area in the gym includes toys and play mats for your child to enjoy. We encourage parents and caretakers to play with the children and socialize in our kid-friendly environment. To fund all of our wonderful events throughout the year, purchase cleaning supplies and any bins and new toys, we ask for \$5 per child. Also, if you would like to donate any toys to the group, feel free to bring them. (However, please no stuffed animals due to cleaning and storage issues.)

**Contact Aaron Spitzer with questions: (434) 842-3150 [aspitzer@fluvannacounty.org](mailto:aspitzer@fluvannacounty.org).**

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## **NEW! Beginner Ballroom Dancing**

**Ages 18-118 / April 28-June 2 / Thursdays / 7pm-8pm / \$90/couple / Carysbrook Gym**

Ready for some social dancing? Come out and have some fun learning the Cha Cha, East Coast Swing, Waltz and more! The good old days aren't gone; they're just beginning!

**Contact Claire Lowande with questions: [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org) (434) 589-2016**

# ENRICHMENT

## **Baltimore Trip**

**All Ages / Sunday, April 10 / 9am-10pm / \$85 / Meet at Food Lion at Lake Monticello**  
Fluvanna County Parks and Recreation will be hosting a trip to Baltimore, MD on Sunday April, 10th. For the price of \$85 per person you will receive a seat on our charter bus and your choice of a ticket to either the Baltimore Orioles baseball game vs Tampa Bay Rays or the Baltimore Aquarium. The bus will leave from the Food Lion at Lake Monticello around 9am and will arrive back at the Food Lion around 10pm. The bus will stop for dinner on the way home. Participants under the age of 18 must be accompanied by an adult. Deadline to sign up is March 25th. **Contact Jonathan Pace with questions: (434) 842-3150, [jonathanpace@fluvannacounty.org](mailto:jonathanpace@fluvannacounty.org).**

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## **Horseback Riding at Equus Springs Farm**

Call Claire Lowande with questions: (434) 589-2016, [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org).

## **Pony Pals**

**Ages 5-7 / See Dates & Times Below / \$100 / Equus Springs Farm**

Children age 5 to 7 with little riding experience will learn grooming, tacking, and riding.

<b>Session 1:</b> May 5-26	Thursdays	6-7pm
<b>Session 2:</b> June 11-July 2	Saturdays	9-10am
<b>Session 3:</b> July 6-27	Wednesdays	4:30-5:30pm

## **Beginner Horseback Riding**

**Ages 6+ / See Dates & Times Below / \$100 / Equus Springs Farm**

This class is a beginners class for kids age 6 and up with some experience who are able to trot independently and control speed and direction of the horse.

<b>Session 1:</b> May 12-June 2	Thursdays	6-7pm
<b>Session 2:</b> June 15-July 6	Wednesdays	4:30-5:30pm
<b>Session 3:</b> July 8-July 29	Thursdays	4:30-5:30pm
<b>Session 4:</b> July 14-Aug 4	Thursdays	6-7pm
<b>Session 5:</b> July 30-Aug 20	Saturdays	4:30-5:30pm

## **Introduction to Horseback Riding**

**Ages 7+ / See Dates & Times Below / \$100 / Equus Springs Farm**

Ages 7 to 97 with little or no riding experience will learn grooming, tacking, and riding.

<b>Session 1:</b> May 25-June 15	Wednesdays	4:30-5:30pm
<b>Session 2:</b> June 4-June 25	Saturdays	10:30-11:30am
<b>Session 3:</b> June 23-July 14	Thursdays	6-7pm
<b>Session 4:</b> July 23-Aug 13	Saturdays	10:30-11:30am
<b>Session 5:</b> Aug 11-Sept 1	Thursdays	6-7pm
<b>Session 6:</b> Aug 19-Sept 9	Fridays	4:30-5:30pm

## ENRICHMENT

### **Hatha Yoga 1 & 2 Mixed Level**

**Ages 13+ / See Dates & Times Below / \$48 / Fluvanna Community Center**

Discover new health and serenity by learning to both tone and relax the body and to calm the mind. Bring a mat and small pillow. Do not eat for two hours prior to class. Beginners are welcome! Instructor Devi Peterson (RN) is certified to teach Integral Yoga Hatha Levels. Need to register? Please arrive 15 minutes early so you can be ready for class.

**Contact Aaron Spitzer at (434) 842-3150, [aspitzer@fluvannacounty.org](mailto:aspitzer@fluvannacounty.org).**

**Session 1:** May 10-June 14                      Tuesdays    6-7:30pm

**Session 2:** Aug 16-Sept 20                      Tuesdays    6-7:30pm

## OUTDOOR ACTIVITIES

**NEW!      PADDLING PROGRAMS AT LAKE MONTICELLO      NEW!**

### **Intro to Kayaking**

**Ages 12+ / Saturday, June 18 / 8:30am-12:30pm / \$20 / Lake Monticello Beach #5**

Kayaking is a fun and relaxing way to explore Lake Monticello. This course covers the fundamentals of paddling and safety techniques. After practicing basic skills, we'll set out on a short, guided tour to experience nature close up. All necessary paddling equipment provided. **Call Claire Lowande with questions: [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org) (434) 589-2016.**

### **Intro to Canoeing**

**Ages 12+ / Saturday, June 25 / 8:30am-12:30pm / \$20 / Lake Monticello Beach #5**

No better way to experience the beauty of Lake Monticello than by canoe! This course teaches the basic paddling strokes and safety skills. Plus it offers plenty of time on the water to practice as well as a short, guided tour in calm waters. All necessary paddling equipment provided. **Call Claire Lowande with questions: [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org) (434) 589-2016.**

### **Recreational Canoeing/Kayaking**

**Ages 12+ / Sunday, July 17 / 8:30am-11:30am / \$20 / Lake Monticello Beach #5**

Fun, on-the-water activity for families and nature lovers! This guided paddling tour meanders along the shores of Lake Monticello, allowing time to appreciate the scenery and wildlife. All necessary paddling equipment provided. Sign up early to reserve your choice of kayak or canoe. **Call Claire Lowande with questions: [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org) (434) 589-2016.**

### **Sunset Kayak/Canoe Tour**

**Ages 12+ / Friday, August 18 / 6:30pm-9:30pm / \$20 / Lake Monticello Beach #5**

Enjoy a relaxing sunset paddle where you will experience the magic of the setting sun on Lake Monticello. After a brief safety introduction, we'll paddle on a guided tour, taking time to pause and watch the sky change colors and the stars rise. All necessary paddling equipment provided. Sign up early to reserve your choice of kayak or canoe. **Call Claire Lowande with questions: [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org) (434) 589-2016.**



# OUTDOOR ACTIVITIES

## **Brian's River Shuttle**

**Ages 18+ / See Dates Below/ \$15 per paddler / Meet at Palmyra DGIF Boat Launch**

In need of a shuttle for an unaccompanied day of paddling? We can help! We will meet you at the Palmyra Boat Launch and shuttle you and your vessel to the Crofton boat launch.

Your 6-mile paddle ends at Palmyra where your vehicle is. Please call 3 days in advance to schedule and pay for a shuttle for your preferred date. **Contact Claire Lowande with questions: (434) 589-2016, [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org).**

Shuttle available by appointment on these dates:

May 7, 14, & 21

June 4 & 11

July 2, 23, & 30

August 6, 13, & 27

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## **NEW! Beginner Backpacking Trip**

**Ages 12+ / May 23-May 25 / \$195 (plus equipment rental fees) / George Washington National Forest**

This is an introduction to the joy of backpacking and camping, aimed at beginners and people who are “rusty” and would like to go with a group, ages 12 to 92. We will be backpacking and camping in the natural backdrop of the George Washington National Forest, in the Blue Ridge Mountain area. Participants must be mature enough to follow directions, behave in a safe manner, carry a pack 4-7 miles a day, sleep in a tent, and accept adversity in stride. We will be hiking a total of 15 to 20 miles over 3 days and camping out 2 nights, while enjoying all nature has to offer. The trip is rain or shine, no refunds after May 16th. Fee includes guide, transport to and from the trail head, meals, and group equipment. Participants can supply their own sleeping bag, pack, clothing, and other necessities or pay an additional fee to rent backpacking items. Suggested packing lists will be given out to registrants, and there will be a planning meeting before the trip on Monday, May 16th. This backpacking trip is led by Heather Antonacci, an avid backpacker with over 50 years of backpacking experience and Claire Lowande an outdoor enthusiast certified in Leave No Trace, Wilderness First Aid, and Outdoor Leadership. **Call Claire Lowande with questions: [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org) (434) 589-2016.**

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## **Rivanna River History Float**

**Ages 18+ / See Dates Below / 9am-4pm approx. / \$20 / Meet at Palmyra VDGIF Boat Launch**

This is a leisurely and educational float down the Rivanna River from Crofton to Palmyra with an ACA certified paddling instructor. Along the way, we will stop and visit historic sites and structures that were an integral part of commercial navigation on the Rivanna in the eighteenth and nineteenth centuries. Paddling experience preferred. Meet at Palmyra VDGIF boat launch -- shuttle provided. Participants should bring swimsuits, a water bottle, and sunscreen. **Call Claire Lowande with questions: (434) 589-2016, [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org).**

**Session 1:** May 22

**Session 3:** July 10

**Session 2:** June 12

**Session 4:** August 14

# 3rd Annual Earth Day

Fluvanna County is hosting its 3<sup>rd</sup> Annual Earth Day Celebration. There will be a tire drop-off for all Fluvanna residents, educational environmental information, nature hikes and a butterfly garden demonstration. For more information on the activities or how to be a part of our Earth Day Celebration contact Jonathan Pace at (434)842-3150 or by email at [jonathanpace@fluvannacounty.org](mailto:jonathanpace@fluvannacounty.org).

**NO HAZARDOUS WASTE DROP OFF! HAZARDOUS WASTE WILL ONLY BE ACCEPTED IN ODD-NUMBERED YEARS (ex: 2017, 2019, 2021..).**

**April 16 • 10am to 2pm**  
**Pleasant Grove Park**



# 11th Annual Quetzal Kite Festival

## Free Event

May 14

10 a.m. - 4 p.m.

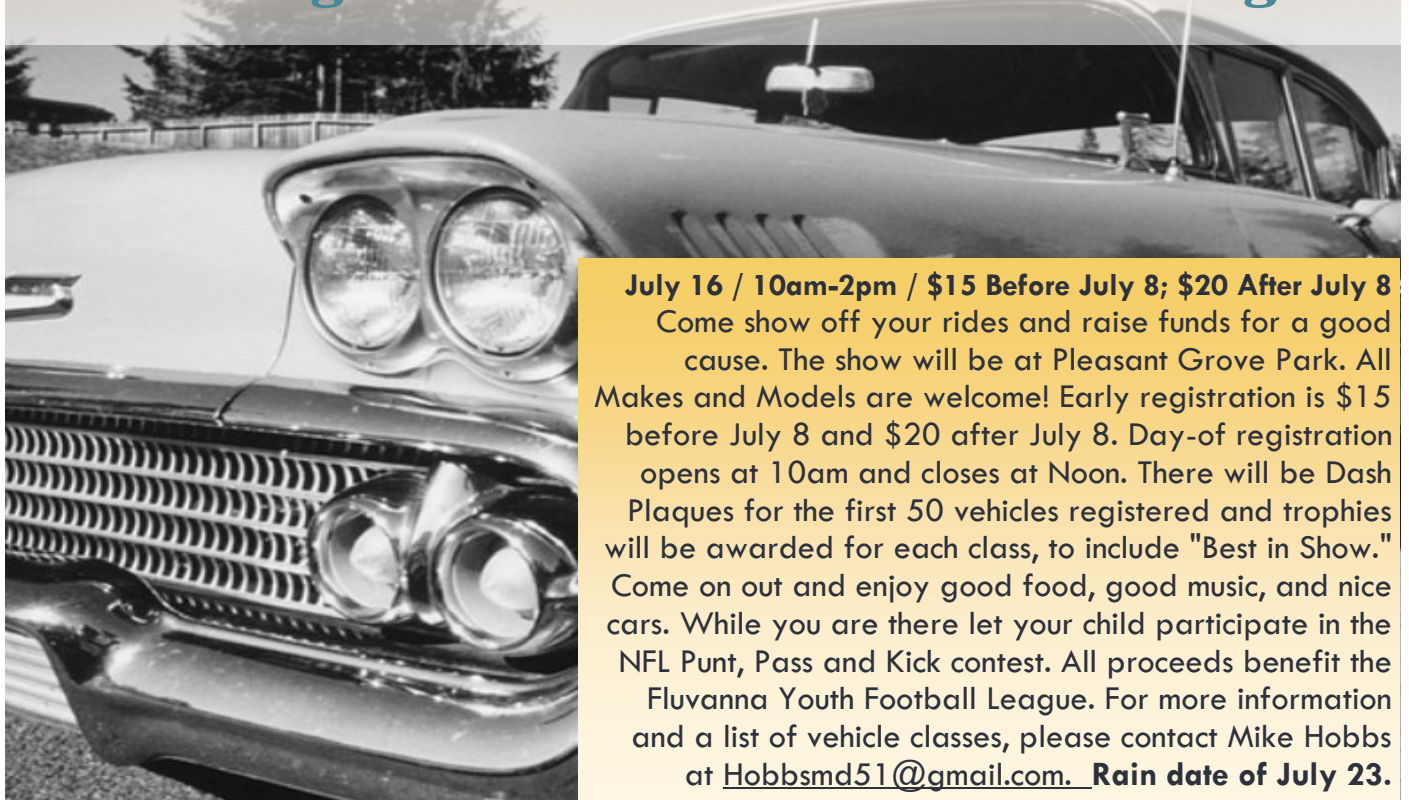
Pleasant Grove Park

The region's premier kite festival is back in Fluvanna County at beautiful Pleasant Grove Park. Join several of your closest friends and neighbors for a free day of kites, sun, and fun. There will be free face painting, food vendors, and kites for kids (until they run out). Kite flyers from Richmond Air Force and Wings Over Washington kite clubs will be on hand with demonstrations and fun for the whole family. There are also interactive activities for the kids throughout the day. For more information and directions go to the Quetzal website at [www.quetzalfest.com](http://www.quetzalfest.com). To sponsor this event, contact Aaron Spitzer at (434) 842-3150 or [aspitzer@fluvannacounty.org](mailto:aspitzer@fluvannacounty.org). This program will be cancelled if it rains.





## 3rd Annual Open Car, Truck and Motorcycle Show Benefiting the Fluvanna Youth Football League



**July 16 / 10am-2pm / \$15 Before July 8; \$20 After July 8**  
Come show off your rides and raise funds for a good cause. The show will be at Pleasant Grove Park. All Makes and Models are welcome! Early registration is \$15 before July 8 and \$20 after July 8. Day-of registration opens at 10am and closes at Noon. There will be Dash Plaques for the first 50 vehicles registered and trophies will be awarded for each class, to include "Best in Show." Come on out and enjoy good food, good music, and nice cars. While you are there let your child participate in the NFL Punt, Pass and Kick contest. All proceeds benefit the Fluvanna Youth Football League. For more information and a list of vehicle classes, please contact Mike Hobbs at [Hobbsmd51@gmail.com](mailto:Hobbsmd51@gmail.com). **Rain date of July 23.**



**Ages 8 - 15 / July 16 / 10:30am - 12:30pm/ Free /Pleasant Grove Park**

This program is an engaging opportunity for boys and girls to compete separately against their peers in punting, passing, and placekicking skills. The National Football League wants every child to be given an equal opportunity to compete. Therefore, there is no registration fee or purchase required for any participant to enter. Winners from our local competition will move on to compete at an assigned sectional competition. Children must be between 8 and 15 years old and be able to show a valid birth certificate for age verification. Tennis shoes ONLY—No cleats! Contact Aaron Spitzer at (434) 842-3150 for more information. **Rain date of July 23.**



**FLUVANNA**

# County Fair

3rd Annual

Wednesday, August 17<sup>th</sup> to Saturday, August 20<sup>th</sup>

Pleasant Grove Park

- **4-H events**
- **Home Arts competition**
- **Photo contest**
- **FCHS Pep Rally**
- **Live music from local musicians**
- **Carnival rides**
- **Local craft and food vendors**

Please keep an eye out at your local grocery stores, post offices, county offices and online at [fluvannacounty.org](http://fluvannacounty.org) for a detailed schedule of events. Questions about the Fair? Contact Jonathan Pace at [jonathanpace@fluvannacounty.org](mailto:jonathanpace@fluvannacounty.org) or (434) 842-3150

### Schedule:

- Wednesday: 6pm to 10pm **Carnival Only**
- Thursday: 4pm to 10pm **Carnival Starts at 6pm – Gate Fee: \$2 (18 and under Free)**
- Friday: 4pm to 10pm – **Gate Fee: \$2**
- Saturday: 10am to 10pm **Carnival closed 3pm to 5pm – Gate Fee: \$2**





# Easter Egg Hunt

CRAFTS • FACE PAINTING • INFLATABLE • PRIZES

.....

**March 26** SATURDAY 10AM-12PM  
AT PLEASANT GROVE PARK

.....

Hunt begins promptly at 10am

.....

Show up early for crafts and fun  
Please bring your own basket **FOR KIDS 0-12**

.....

Call Fluvanna Parks and Recreation (434) 589-2016 with questions

# ACTIVE OLDER ADULTS

## **Active Older Adults Centers**

Our Active Older Adults programs provide a wide variety of recreation and leisure activities for ages 55 years and older, at 2 locations. Activities include specialty and creative crafts classes, fitness and walking clubs, cultural events, field trips, and senior forums. Seniors may also participate in computer classes at local libraries, holiday events, Senior Olympics, and sports programs. Most programs are FREE unless otherwise indicated. **Contact**

**Jonathan Pace with questions: (434) 842-3150, [jonathanpace@fluvannacounty.org](mailto:jonathanpace@fluvannacounty.org).**

### **Location 1: Fork Union Active Older Adults Center**

- Tuesdays and Wednesdays, 10am-2pm, at the Fluvanna Community Center

### **Location 2: Cunningham Active Older Adults Center**

- 1st and 3rd Mondays of every month, 10am-2pm, at the Scottsville VFW

### **Location 3: Kents Store Active Older Adults Center**

- 2nd and 4th Thursdays of every month, 10am-2pm, at the ARC Hall

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**NEW!!! Kents Store Active Older Adults Center** Come take part in crafts, games, trips and much fun with friends at the ARC Building. The center will meet on the 2nd and 4th Thursday of every month unless there is inclement weather or a state holiday. Lunch will be provided around 11:30am. The ARC Building is located at 111 Kents Store Way Kents Store, VA 23084 **For more information contact Jonathan Pace at [jonathanpace@fluvannacounty.org](mailto:jonathanpace@fluvannacounty.org) or (434)842-3150.**

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Connect with us on Facebook for **News, Updates, Photos, and Events:**

[www.Facebook.com/](http://www.Facebook.com/FluvannaParksandRecreation)

FluvannaParksandRecreation

# Kings<sup>®</sup> Dominion

## 2016 Theme Park

### Ticket Sales

Stop by a Parks and Recreation office today for *FUN* savings on  
a *THRILLING* time!

**SPRING SAVINGS \$38.00**

CHECK PARKS AND RECREATION WEBSITE FOR APPLICABLE DATES

**GOOD ANY DAY \$43.00**

CHECK PARKS AND RECREATION WEBSITE FOR APPLICABLE DATES

**PARKS AND RECREATION DAY \$38.00**

CHECK PARKS AND RECREATION WEBSITE FOR APPLICABLE DATES

**FALL FUN DAY \$38.00**

CHECK PARKS AND RECREATION WEBSITE FOR APPLICABLE DATES

**Tickets are non-refundable.**

Tickets can be purchased at a Parks and Recreation office:

Fluvanna Community Center  
5725 James Madison Highway  
Fork Union, VA 23055

Pleasant Grove House and Museum  
271 Pleasant Grove Drive  
Palmyra, VA 22963

# DOG OBEDIENCE TRAINING



## About the Instructor:

Upon graduating from UVA, Ashleigh Morris looked to the dog world for a career path. Her natural ability with dogs led her to also pursue a career in dog training. Studying under an Animal Behavior Consultant, Ashleigh learned a variety of skills to help others solve their dog's behavior problems. She also learned to train dogs and humans in the basic skills needed to enhance the human-animal bond. Ashleigh has been training on her own since 2005 and continues to expand her knowledge and education in order to help people mold their dogs into the perfect companion. She uses positive reinforcement methods. Contact Ashleigh at (434) 589-7209 or [aymorris@hotmail.com](mailto:aymorris@hotmail.com) with any questions.

## Beginning Obedience

**All Ages / See Dates & Times Below / \$75 / Dog Spot @ Fluvanna Community Center**

Dogs will be dogs until humans teach them some proper manners. Learn how to positively motivate your dog to interact with people in an acceptable way by teaching sit, look, down, stay, come, leave it, and loose-leash walking — all building blocks to living with a well-mannered dog. Typical behavior problems and solutions for biting, barking, and many other issues will be discussed. Dogs of all ages with up-to-date shots are welcome. Families are encouraged to attend together.

<b>Session 1:</b> May 3-May 31	Tuesdays	6:30-7:30pm
<b>Session 2:</b> May 4-June 1	Wednesdays	10-11am
<b>Session 3:</b> June 8-July 13	Wednesdays	6:30-7:30pm
<b>Session 4:</b> June 9-July 14	Thursdays	4-5pm
<b>Session 5:</b> July 25-August 22	Mondays	6:30-7:30pm
<b>Session 6:</b> July 26-August 23	Tuesdays	10-11am



**\*NOTE\*** Depending on demand, either Intermediate Obedience, Confidence Building, or Canine Good Citizen, will run during the times listed above. If you have an interest in these classes, notify Ashleigh Morris, who's contact information is above or Claire Lowande (434) 589-2016, [clowande@fluvannacounty.org](mailto:clowande@fluvannacounty.org).

## Intermediate Obedience

**6 Months+ / Dates & Times Below / \$75 / Dog Spot @ Fluvanna Community Center**

Take your dog's training to the next level with Intermediate Obedience. Learn how to get your dog to focus on you and come to you with lots of distractions while your dog builds on already-learned skills. Graduates of Beginning Obedience or dogs that have passed an assessment test may enter this class. This is a 4-week class.

<b>Session 1*:</b> May 3-May 24	Tuesdays	7:30-8:30pm
<b>Session 2*:</b> May 4-May 25	Wednesdays	9-10am
<b>Session 3*:</b> June 8-July 6	Wednesdays	7:30-8:30pm
<b>Session 4*:</b> June 9-July 7	Thursdays	3-4pm
<b>Session 5*:</b> July 25-August 15	Mondays	7:30-8:30pm
<b>Session 6*:</b> July 26-August 16	Tuesdays	9-10am

# **DOG OBEDIENCE TRAINING**

## **Canine Good Citizen**

**6 Months+ / Dates & Times Below / \$75 / Dog Spot @ Fluvanna Community Center**

This class is designed to teach you how to teach your dog to be a good citizen in the community. Most of your dog's learning will be at home as the two of you work together every day. Ashleigh will spend each class teaching the 10 skills needed to pass the Canine Good Citizen test. She is a Canine Good Citizen Test evaluator and can offer the official AKC test for an additional fee upon graduation.

<b>Session 1*:</b> May 3-May 31	Tuesdays	7:30-8:30pm
<b>Session 2*:</b> May 4-June 1	Wednesdays	9-10am
<b>Session 3*:</b> June 8-July 13	Wednesdays	7:30-8:30pm
<b>Session 4*:</b> June 9-July 14	Thursdays	3-4pm
<b>Session 5*:</b> July 25-August 22	Mondays	7:30-8:30pm
<b>Session 6*:</b> July 26-August 23	Tuesdays	9-10am

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## **Confidence Building**

**6 Months+ / Dates & Times Below / \$75 / Dog Spot @ Fluvanna Community Center**

Help your dog gain confidence while you have fun teaching your dog to conquer a variety of obstacles. The more dogs learn, the more confidence and trust they place in their human. Dogs must have completed a Beginning Obedience class before enrolling in this course. This is a 4-week course.

<b>Session 1*:</b> May 3-May 24	Tuesdays	7:30-8:30pm
<b>Session 2*:</b> May 4-May 25	Wednesdays	9-10am
<b>Session 3*:</b> June 8-July 6	Wednesdays	7:30-8:30pm
<b>Session 4*:</b> June 9-July 7	Thursdays	3-4pm
<b>Session 5*:</b> July 25-August 15	Mondays	7:30-8:30pm
<b>Session 6*:</b> July 26-August 16	Tuesdays	9-10am

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## **Dog Training Clinics**

**6 Months+ / Dates and Times Below / \$30 / Dog Spot @ Fluvanna Community Center**

Training clinics are designed to help people learn how to teach basic skills to their dogs. Clinic I is a prerequisite to taking Clinic II, Clinic III & IV unless you have trained with Ashleigh previously. You can choose which clinics you attend, or attend all of them. Look, sit and come will be covered in each clinic, as they are the basic commands that all dogs should know. Different clinics will cover additional commands. It is always a good idea to brush up on your dog's skills-use it or lose it!

<b>Clinic I:</b> May 12	Thursday	3:30-4:30pm (without dogs)
<b>Clinic II:</b> June 14	Tuesdays	10-11am (stay & wait)
<b>Clinic III:</b> July 12	Tuesday	3:30-4:30pm (down & settle)
<b>Clinic IV:</b> August 17	Wednesday	3:30-4:30pm (leave it & drop it)



**JOIN NOW**



# Swimming is a sport. Everything else is just a game!



Registration available at  
*IswimFAST.org*  
starting March 1st

Offering the widest range of practice times and locations to best suit your schedule with pools at  
**HEALTH NUTZ      CAMP FRIENDSHIP**  
**SPRING CREEK**



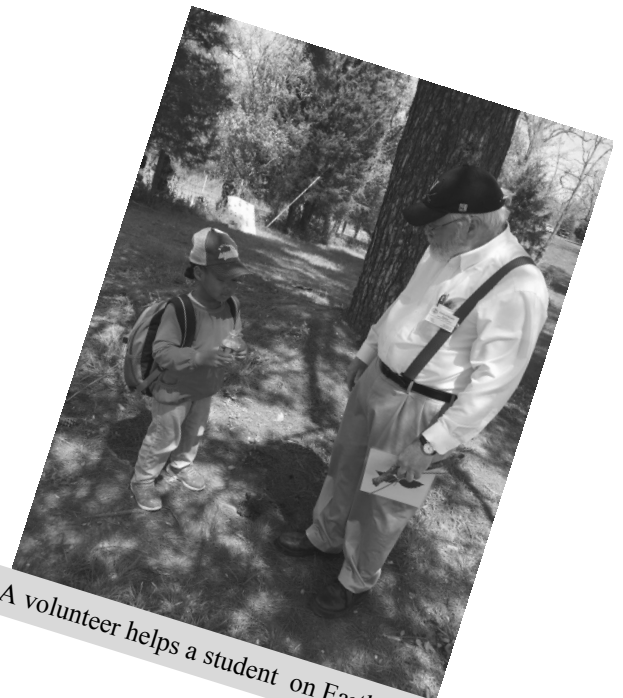
Open to swimmers ages 4 to 18 -No prior experience required.  
\$175 for the season running May 31st—July 30th  
434-207-4784      info@iswimfast.org

**Not Ready for the Makos yet?** Join **Learn-To-Swim!** Non-swimmers will learn the basics in backstroke and freestyle and may have the opportunity to graduate to team participation! Available for children ages 3+ that are comfortable putting their face in the water.

# GOOD TIMES AT PARKS AND RECREATION



Having a good time at our Father-Daughter Dance



A volunteer helps a student on Earth Day



Summer Campers on a Nature Hike at Pleasant Grove



Happy paddlers after a Rivanna River History Float-Page 14



Active Older Adults at the Holiday Celebration



A FEW wrestler gaining position

# Fluvanna County Library

## Summer Fun @ Fluvanna Library

- ◆ Registration begins Monday, May 9.
- ◆ Kids (ages infants-8) – Earn a FREE book for every 10 books you read & a chance (up to 5x) to win a tablet. **Read-to-Me program** for infants and younger kids.
- ◆ Tweens (ages 9-12 or reading J Fiction) – Earn a FREE book for every 8 books you read & a chance (up to 5x) to win a tablet.
- ◆ Teens (ages 13-18 or reading YA books) – Earn a prize for every 5 books you read & a chance (up to 5x) to win a tablet. Keep reading for another 5 chances.
- ◆ Adults – Earn a chance to win a tablet for every book you read or listen to.
- ◆ ALL Reading Logs and entries are due Saturday, August 13.



## **\*\*Special SATURDAY Program!\*\***

July 9 at 11 a.m. – The Wizard of Oz – a play for the whole family!

### **Special Programs!**

WEDNESDAY mornings at 11 a.m.

June 8 – Larsen's Amazing World of Reptiles (live animals)

June 15 – Wes Iseli – Party Magic

June 22 – Chris Campbell – Music for Kids

June 29 – Peter McCory – One Man Band

July 6 – The Cary's – Famous Faces & Riddles - music

July 13 – Andrew Wilson – Sharks! (live animals)

July 20 – Goodlife Theater – Grandpa's Farm (puppet show)

**JOIN US FOR A CRAFT PROJECT FROM 10-12:30 P.M. BEFORE OR AFTER THE SHOW!**

## **Workshops!**

The library hosts special workshops for kids & teens starting at age 3 with a wide variety of activities including:

- Science and a Story • Build Your Own Roller Coaster • Make Your Own Bird Feeder • Make Your Own Butterfly House • Make Your Own Binoculars and more.

Limited space in each workshop. **Registration required! (Starts Monday, May 9)**

**Register by phone at 434) 589-1400 or in**

**person at the Library.**

Parent participation is welcome. A complete list of workshops with ages and dates is available at [www.fcplva.org](http://www.fcplva.org) under the Calendar.

### **Family Movie Mondays!**

Mondays at 2 p.m. – June 6 – August 8

Bring Your Own Snack or Drink!

### **Preschool Story Time**

Fridays, June 10 – July 29 at 10 a.m.

### **LEGO/Builder Block Party**

Fridays, June 10 – August 5 from 1-3 p.m.

**Check at the Library for many additional activities!!!**

**Fluvanna County Public Library  
214 Commons Blvd.**

**Palmyra, VA 22963**

**(434) 589-1400**

**<http://www.fcplva.org>**

**[fluvannalibrary@gmail.com](mailto:fluvannalibrary@gmail.com)**

**ALL ACTIVITIES ARE FREE TO  
THE PUBLIC AND SPONSORED**

**BY THE**

**FRIENDS OF THE LIBRARY!**

## News You Can Use

### **Carysbrook Open Gym**

**All Ages / March 28-May 26 / 5-9pm / FREE / Carysbrook Gym**

Carysbrook Gym is open for free play in the evenings again! Activities will be set up for the days indicated below. Open Gym closes during the summer but will reopen on September 5th. **Contact Aaron Spitzer with questions: (434) 842-3150,**

**aspitzer@fluvannacounty.org**

- **Mondays:** Pickleball
- **Tuesdays:** Volleyball or Youth Basketball (17 and under)
- **Thursdays:** Adult Basketball or open play (18+)

### **Rivanna History Day-March 26 12pm to 4pm**

See the Pleasant Grove House Museum in a way you haven't seen it before. Reenactors in period clothes will talk about everyday life in a plantation home beside the river, and why the river was so important to their survival. Come up to the museum to learn more about river and railroad travel and see new items on display.



- Unveiling of a new exhibit containing a 160-year-old lock gate recovered from the Rivanna
- Demonstrations of tasks like cooking and food preparation
- Dugout canoe on display where visitors will learn how colonists used them for tobacco transport

## WHAT'S IN YOUR WATER?

**Did you know that private water supplies like wells and springs are unregulated? It is the responsibility of the homeowner to regularly test water quality, maintain the water system, and address any problems.** Affordable, confidential water testing and education will be offered through Virginia Cooperative Extension offices in Fluvanna, Louisa and Albemarle counties. Participation is voluntary and confidential. Water samples collected by participating homeowners will be analyzed for 14 parameters, including bacteria, metals, nitrate and hardness at a cost of \$52. Results and water system care and maintenance information will be shared at an information meeting. **All information is kept strictly confidential and results are reported only to the homeowner. Please contact Erin Davis at 434-591-1950 or [davise06@vt.edu](mailto:davise06@vt.edu) for information or to register in Fluvanna!**

**-Kickoff Meeting:** Monday, May 2nd • Fluvanna Community Center • 6:30pm-8:30pm

**-Collection Meeting:** Wednesday, May 4th • Fluvanna Community Center • 7:30am-9am

**-Interpretation Meeting:** Wednesday, June 15th • Fluvanna Community Center • 6:30pm-8:30pm



# Virginia Cooperative Extension

Virginia Tech • Virginia State University

[www.ext.vt.edu](http://www.ext.vt.edu)

Virginia Cooperative Extension programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, veteran status, or any other basis protected by law. An equal opportunity/affirmative action employer. Issued in furtherance of Cooperative Extension work, Virginia Polytechnic Institute and State University, Virginia State University, and the U.S. Department of Agriculture cooperating. Edwin J. Jones, Director, Virginia Cooperative Extension, Virginia Tech, Blacksburg; M. Ray McKinnie, Interim Administrator, 1890 Extension Program, Virginia State University, Petersburg.

For more information about this program, and the Virginia Household Water Quality Program, as well as many resources relevant to private water systems, please visit [www.wellwater.bse.vt.edu](http://www.wellwater.bse.vt.edu).

# **FLUVANNA COUNTY PARKS AND FACILITIES**

## **Pleasant Grove Park (Western Trailhead)**

271 Pleasant Grove Drive  
Palmyra, VA 22963

- Hiking, Equestrian and Biking Trails
- Pole Barn
- Playground
- Athletic Fields
- Outdoor Stage

## **Pleasant Grove House Museum and Welcome Center**

271 Pleasant Grove Drive  
Palmyra, VA 22963  
(434) 589-2016

- Parks and Rec Office
- Transportation Museum
- Summer Kitchen

## **Pleasant Grove Dog Park**

Located at the Eastern Trailhead

- 2 fenced in areas for large and small dogs
- Dog water fountain

## **Pleasant Grove Park (Eastern Trailhead)**

110 Thomas Jefferson Parkway  
Palmyra, VA 22963

- Dog Park
- ADA Trailhead
- Picnic Shelters

## **Carysbrook Sport Complex**

8788 James Madison Highway  
Fork Union, VA 23055  
(434) 842-3150

- Athletic Fields
- Gymnasium
- Playground

## **Carysbrook Performing Arts Center**

8880 James Madison Highway  
Palmyra, VA 23055  
(434) 842-3150

Features:

- Various Performances

## **Civil War Park**

Court Square  
Palmyra, VA 22963

- Fluvanna's First Park (1828)
- 1/2-acre space with picnic tables and Civil War tributes

## **Fluvanna Community Center**

5725 James Madison Highway  
Fork Union, VA 23055  
(434) 842-3150

- Fork Union Active Older Adults Center programs on Tuesdays and Wednesdays
- Parks and Rec Office
- Playground
- Rentals All Year Long

## **Cunningham Active Older Adult Center (VFW Hall)**

2997 W. River Road  
Scottsville, VA 24590  
(434) 842-3150

- Programs on 1st & 3rd Monday every month



# **FACILITIES & EQUIPMENT RENTAL RATES**

Fluvanna County Parks and Recreation rents facilities for weddings, receptions, meetings, conferences, lectures, dances, luncheons, parties and family reunions. Facilities and equipment are listed below. Refunds may be given when requested ONE WEEK PRIOR TO THE START OF THE RENTAL. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule.

## **Pleasant Grove Park**

Athletic Fields (Baseball, Softball, Soccer): \$10/hour  
Tournaments: \$75/day  
Pole Barn: \$75/day (\$100 Deposit)  
Utilities: \$25/day  
Horseback Riding on Trails: \$8 (non-residents)  
Outdoor Stage: \$100/day  
Kitchen: \$10/hour  
Meeting Room: \$10/hour + \$25 deposit

## **Heritage Trail Pavilions (Eastern Trailhead)**

Large Pavilion (40 people): \$50/day (\$100 Deposit)  
Small Pavilion (25 people): \$25/day (\$100 Deposit)

## **Carysbrook Sports Complex**

Athletic Fields: \$10/hour; with lights \$20/hour (\$100 Deposit)  
Tournaments (per fields): \$75/day (\$100 Deposit)  
Gymnasium: \$50/hour; with tarp \$75/hour (\$100 Deposit)

## **Fluvanna Community Center**

Meeting Room: \$20/hour (\$50 Deposit)  
Auditorium: \$75/hour (\$100 Deposit)  
Kitchen: \$10 per hour (\$25 Deposit)  
Staffing Fee (after hours): \$15/hour

## **NEW!!! Kayaks & Canoes:**

\$25 each per day \$45 each for weekend (\$100 Deposit)

## **Tables**

Rectangular: \$3 each per day, (\$50 Deposit)  
Round: \$5 each per day, (\$50 Deposit)

## **Chairs**

\$1 each per day, (\$50 Deposit)

## **PA System**

\$50/day, (\$100 Deposit)

## **18' x 30' Tent Canopy**

\$100/day, (\$100 Deposit)

## **14' x 20' Tent Canopy**

\$75/day, (\$100 Deposit)





# FLUVANNA SPORT ORGANIZATIONS

## **Basketball**

Fluvanna County Parks & Recreation  
(Fall & Winter)  
Ages 3-13  
Contact: Aaron Spitzer  
(434) 842-3150  
aspitzer@fluvannacounty.org

## **Tennis**

Camp Friendship Tennis Center  
Contact: Alina Ackenbom  
(434) 589-5867  
alina@campfriendship.com  
www.friendshiptennis.com

## **Baseball**

FYB - Fluvanna Youth Baseball  
(Spring)  
Ages 4-15  
Baseballfluvannayouth@gmail.com  
Website: fluvannayouthbaseball.com

## **Softball**

Fluvanna Girls Softball League  
(Spring & Fall)  
Ages 5-18  
Register January 4  
Contact: Tiffany Rosales  
(434) 242-1933  
fluvannasoftball@gmail.com  
www.fluvannagirlssoftball.com

## **Football**

Fluvanna County Parks & Recreation  
(Fall)  
Ages 11 & 12  
Contact: Aaron Spitzer  
(434) 842-3150  
aspitzer@fluvannacounty.org

TJFYFL - Thomas Jefferson Youth  
Football League  
(Fall)  
Ages 8-14  
Fluvanna County Contact:  
Scott Fraser (757) 871-2190  
Scott.fraser@accu-tech.com  
www.TJFYL.net

Fluvanna County Pop Warner  
Contact Amber Rivera  
Amberlohr@yahoo.com  
www.popwarner.com

## **Soccer**

FYSA - Fluvanna Youth Soccer  
Association  
(Spring & Fall)  
Little Strikers & U5-U14  
Contact: Tom Beckham at  
FYSAforce@aol.com  
Website: www.fysa.org

## **Swimming**

FAST - Fluvanna Aquatics Sports  
Team (Summer)  
Contact: Coz DiFazio  
(434) 326-5566  
info@fluvanna-swimming.org  
www.fluvanna-swimming.org

LMST - Lake Monticello Swim  
Team  
(Summer)  
Contact: Laura Payne  
Lmst-info@comcast.net  
www.lmst.jsl.org

FUMA Aquatic Club  
(Summer)  
Contact: Ryan Campbell  
campbellr@fuma.org  
(434) 842-4210



## **Pleasant Grove House Museum**

A slice of Fluvanna history resides in the renovated Pleasant Grove House and Summer Kitchen Museums. The House also serves as the County Welcome Center for visitors along with housing exhibits relating to the history of transportation in Fluvanna County.

**Hours:** Monday to Friday 8am- 5pm      Saturday and Sunday 12pm – 4pm



### **Rivanna History Day-March 26 - 12pm to 4pm**

See the Pleasant Grove House Museum in a way you haven't seen it before. Reenactors in period clothes will talk about everyday life in a plantation home beside the river, and why the river was so important to their survival. Come up to the museum to learn more about river and railroad travel and see new items on display.

**See page 27 for more information.**

**NEW!**

## **COMMUNITY PARTNERS**

**Fluvanna County  
Extension Office**  
5725 James Madison Highway  
Fork Union, VA 23055  
(434) 591-1950

**Fluvanna County Library**  
214 Commons Boulevard  
Palmyra, VA 22963  
(434) 589-1400

**School Board Office**  
14455 James Madison Highway  
Palmyra, VA 22963  
(434) 589-8208

**Sheriff's Office**  
160 Commons Boulevard  
Palmyra, VA 22963  
(434) 589-8211

**Fluvanna County Historical  
Society**  
Physical Address: 14 Stone Jail  
Street  
Palmyra, VA 22963  
Mailing Address: PO Box 8  
Palmyra, VA 22963  
(434) 589-7910  
fluvannahistory@gmail.com

**Jefferson Area Board for Aging**  
674 Hillsdale Dr. Ste. 9  
Charlottesville, VA 22901  
(434) 817-5222  
jabacares@gmail.com

**Fluvanna Heritage Trail  
Foundation**  
PO Box 501  
Palmyra, VA 22963  
(434) 589-4839

**Fluvanna Master Gardeners**  
(434) 591-1950  
www.fluvannamg.org

**Fluvanna Arts Council**  
265 Turkey Sag Trail  
Suite 102, Box 210  
Palmyra, VA 22963  
(434) 842-1333  
Info@Carysbrook.org

**Social Services**  
8880 James Madison Highway  
Fork Union, VA 23055  
(434) 842-8221

**Fork Union Military Academy**  
4744 James Madison Highway  
Fork Union VA 23055  
(434) 842-3212

**Boy Scouts of America**  
Stonewall Jackson Area Council  
www.bsa-sjac.org/districts/  
monticello

**Fluvanna Farm Bureau**  
15905 W. River Road  
Fork Union, VA 23055  
(434) 842-3411

**Virginia Department of Game  
and Inland Fisheries**  
Chris Heberling, Game Warden  
(540) 899-4169  
www.dgif.virginia.gov

**Child Services Act**  
132 Main Street  
Palmyra, VA 22963  
(434) 591-1933

**Chamber of Commerce**  
177 Main Street  
Palmyra, VA 22963  
(434) 489-3262

**Charlottesville Area Mountain  
Bike Club (CAMBC)**  
PO Box 6516  
Charlottesville, VA 22906  
info@cambc.org

**Youth Advisory Committee**  
www.fluvannayac.org

**Partnership for Aging**  
Deborah Foreman  
(434) 962-8153

**Fluvanna Art Association**  
www.fluvannaartassociation.com

**Department of Social Services**  
8880 James Madison Highway  
Fork Union, VA 23055  
(434) 842-8221



Virginia Department of Veterans Services  
www.dvs.virginia.gov

**Attention Veterans and Dependents:  
Do you know your Veterans Benefits? We do!**

Virginia Department of Veterans Services  
www.dvs.virginia.gov  
Need help? Visit us at the Fluvanna Community Center by appointment only.  
5725 James Madison Highway  
Pamela Zirkle & Jeannette Flint (434) 295-2782  
**1st Wednesdays of each month from 9am to 11:30am**

# Registration Form



**FLUVANNA**  
**PARKS & RECREATION**

PAYMENT MUST ACCOMPANY THIS FORM  
MAKE CHECKS PAYABLE TO "FCPR"  
P.O. BOX 70, PALMYRA, VA 22963 (434) 589-2016

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Last Name \_\_\_\_\_ Birth Date \_\_/\_\_/\_\_ Gender M/F

Mailing Address \_\_\_\_\_

Email Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Mobile Phone \_\_\_\_\_

Emergency Contact: Name \_\_\_\_\_ Phone \_\_\_\_\_

Shirt Size:    Youth        Adult        Small        Medium        Large        X-Large

Special Needs/Disabilities \_\_\_\_\_ Allergies \_\_\_\_\_

Household Members:

Name: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Name: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Name: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Name: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Activity Title	Date(s)	Time(s)	Fee (non-resident add 15%)

**Assumption Of Risk**

I understand the nature of the activity in which I am (my child is) being enrolled. I understand that there are certain risks inherent with participating in recreational activity and that it is the duty of each participant to exercise reasonable care for their own safety and that of other participants. If this consent is given for my child, I also understand that, while participating in the activity, my child will be expected to behave in a reasonable and responsible manner and that the activity's supervisory staff has the authority to discipline my child in a manner similar to that imposed in Fluvanna County's public schools. I understand that under Virginia law, both Fluvanna County and its employees are immune from liability for negligence should I (my child) suffer any injury while participating in the activity and that I may consider procuring insurance to protect myself (my child) from such occurrences. With all this in mind, I hereby give my consent to enroll myself (my child) in the activity indicated. I also agree for my child to be transported by Parks and Recreation to the appropriate facility for my child to participate in such class if needed.

Signature of Participant or Legal Guardian if under 18 years of age \_\_\_\_\_ Date: \_\_\_\_\_

Print Legal Guardian's name for participants under 18 years of age: \_\_\_\_\_

**Refund Policy:** Refunds may be given when requested provided the request is made prior to the start of the activity. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule. If supplies were purchased on your behalf, that amount may also be deducted from your refund. Allow up to 60 days for your refund to be mailed. A \$20 service charge will be assessed for any returned checks.

**Office Use Only:** Rec'd Date \_\_\_\_\_ By \_\_\_\_\_ Check # \_\_\_\_\_ Cash \_\_\_\_\_ CC \_\_\_\_\_